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# ESSEX LUNATIC ASYLUM.

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REPORT OF  
THE COMMITTEE OF VISITORS,  
THE MEDICAL SUPERINTENDENT,  
AND OTHER PAPERS RELATING TO THE ASYLUM.

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GIBSON, } CLERK OF THE  
PEACE.

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# COMMITTEE OF VISITORS,

FOR THE YEAR 1865



CHARLES GRAY ROUND, ESQUIRE, CHAIRMAN,  
THOMAS WM. BRAMSTON, ESQUIRE, M.P.,  
SIR THOMAS BURCH WESTERN, BART.,  
MAJOR SKINNER, R.A.,  
THE REV. HASTINGS ROBINSON, D.D.,  
JOHN GURNEY FRY, ESQUIRE,  
THE REV. JOHN PEARSON, CLERK,  
NATHANIEL CLARKE BARNARDISTON, ESQUIRE  
JOHN WATLINGTON PERRY WATLINGTON,  
ESQUIRE, M.P.,  
RICHARD BAKER WINGFIELD BAKER, ESQUIRE  
SIR THOMAS BARRETT LENNARD, BARONET,  
CHARLES DU CANE, ESQUIRE, M.P.,  
WILLIAM MICHAEL TUFNELL, ESQUIRE,  
EDGAR DISNEY, ESQUIRE,  
JOHN COOPE DAVIS, ESQUIRE,

*For the County.*

EDWARD WILLIAMS, ESQUIRE, M.D.,  
HENRY WOLTON, ESQUIRE,

*For the Borough of  
Colchester.*

JOHN PAYNE, ESQUIRE,

*For the Borough of  
Maldon.*

THOMAS SMITH, ESQUIRE,  
HENRY BURROWS, ESQUIRE,

*For the Borough of  
Saffron Walden.*

THOMAS MORGAN GEPP, Clerk to the Visitors.

# HOUSE COMMITTEE.

FOR THE YEAR 1865.

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NATHANIEL CLARKE BARNARDISTON, ESQUIRE, CHAIRMAN,  
MAJOR SKINNER, R.A.,  
THE REV. JOHN PEARSON,  
THE REV. HASTINGS ROBINSON, D.D.,  
JOHN GURNEY FRY, ESQUIRE,  
RICHARD BAKER WINGFIELD BAKER, ESQUIRE,  
SIR THOMAS BARRETT LENNARD, BART.  
JOHN COOPE DAVIS, ESQUIRE,

## OFFICERS.

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|                                     |   |
|-------------------------------------|---|
| D. C. CAMPBELL, ESQUIRE, M.D . . .  | <i>Resident Medical Superintendent.</i> |
| A. R. HARRISON, ESQUIRE, M.D. . . . | <i>Medical Assistant.</i>               |
| THE REV. JOSEPH SOWTER , . . .      | <i>Chaplain.</i>                        |
| MR. CHARLES RAYNER . . . . .        | <i>Steward and Clerk of the Asylum.</i> |
| MRS. CRABB . . . . . , . . .        | <i>Matron.</i>                          |

# REPORT

## OF THE COMMITTEE OF VISITORS.

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*To Her Majesty's Justices of the Peace in Quarter Sessions assembled, at Chelmsford, in and for the County of Essex, on Tuesday, the 3rd day of January, 1865.*

*The Justices elected at the General Quarter Sessions of the Peace, holden on the 5th day of January, 1864, as a Committee on behalf of the County of Essex, during the year next ensuing, for the purposes of the Asylum erected for the pauper lunatics of the said County and the united Boroughs of Colchester and Maldon, pursuant to the Act of Parliament 16 and 17 Vict., cap. 97, present this their annual report conformably with the provisions of the said Act.*

The Committee think it necessary to bring again under the notice of the Court the continued increase in the number of Patients, and they are sorry to observe that the increase during the year 1864, is above the average annual increase.

The following is the account for the last six years:—

There were in the Asylum

|                               |              |                |           |
|-------------------------------|--------------|----------------|-----------|
| On the 25th December, 1859... | Males 177... | Females 242... | Total 419 |
| „ 1860— „                     | 187— „       | 260— „         | 447       |
| „ 1861— „                     | 197— „       | 270— „         | 467       |
| „ 1862— „                     | 212— „       | 286— „         | 498       |
| „ 1863— „                     | 214— „       | 307— „         | 521       |
| „ 1864— „                     | 232— „       | 318— „         | 550       |

|                                    |                   |                     |
|------------------------------------|-------------------|---------------------|
| There were during the year 1859... | Admissions 138... | Under treatment 544 |
| „                                  | 1860—             | „ 161— „ 580        |
| „                                  | 1861—             | „ 140— „ 587        |
| „                                  | 1862—             | „ 139— „ 606        |
| „                                  | 1863—             | „ 152— „ 650        |
| „                                  | 1864—             | „ 170— „ 691        |

The following is the Account of the general results for the year 1864:

|   | Males. | Females. | Total. |
|---|--------|----------|--------|
| Patients in the Asylum, 25th December, 1863 | 214    | 307      | 521    |
| Admitted during the year... ..              | 78     | 92       | 170    |
|   | <hr/>  | <hr/>    | <hr/>  |
| Under treatment during the year ... ..      | 292    | 399      | 691    |

Removed during the year, viz :—

|   | Males. | Females. | Total. |
|---|--------|----------|--------|
| Recovered ... ..                            | 28     | 42       | 70     |
| Improved ... ..                             | 4      | 1        | 5      |
| Unimproved.. ...                            | 1      | 0        | 1      |
| Died ... ..                                 | 27     | 38       | 65     |
|   | <hr/>  | <hr/>    | <hr/>  |
|   | 60     | 81       | 141    |
|   | <hr/>  | <hr/>    | <hr/>  |
| Remaining in the Asylum 25th December, 1864 | 232    | 318      | 550    |

Another donation, a highly munificent donation of £100 has been presented to the Committee from the Governors of the Society for the Discharge and Relief of Persons Imprisoned for Small Debts. This noble benefaction has enabled the Committee to increase the amount of stock standing in the names of Trustees, for the purposes of the Benevolent Fund, to the sum of £600 £3 per cent. consols. From the Benovolent Fund there have been disbursed to discharged Patients, since January 1st, 1864, £39 5s. 9d., from which 50 Patients have been assisted, much to their comfort, with sums varying from £2 to 5s., the average being 15s. 8d.

During the past year 1,846 relatives and friends of the Patients have visited them at the Asylum.

In the month of June, two of the Commissioners in Lunacy inspected the Asylum, and made the following minute of their observations.

“ ESSEX COUNTY ASYLUM,

“ 3rd June, 1864.

“ The following Tabular Statement shews the changes in the Patients since the last visit of the Commissioners, 3rd December, 1863, and their present numbers.

|                                 |                   |     |     |     | Males. | Females. | Total. |
|---------------------------------|-------------------|-----|-----|-----|--------|----------|--------|
| Admitted                        | ...               | ... | ... | ... | 42     | 36       | 78     |
| Discharged                      | ...               | ... | ... | ... | 15     | 17       | 32     |
| „                               | of whom recovered | ... | ... | ... | 14     | 17       | 31     |
| Died (all from ordinary causes) | ...               | ... | ... | ... | 19     | 22       | 41     |
| Present numbers on Books        | ...               | ... | ... | ... | 224    | 303      | 527    |

Of whom a Criminal Male Patient escaped and not retaken.

“ Of the Male Patients at the time of our visit, 65 were in the Detached Block, the detailed arrangements of which were fully described in the last Report. We have only to add that a room in one of the houses constituting that Block, conveniently situate over the Kitchen, has been appropriated to sick attendants to whom it has proved a great comfort. In order to accommodate the Female Patients for whom the Block was originally designed, Wards, Nos. 9, 10, on the ground and first floors of the Male Division of the Main Building and the Airing Court, connected with them were assigned to Female Patients. The Block contains accommodation for 75 Male Patients, and the Wards last referred to, add 60 Beds to the Female Division. The Corridors opening at each end, the arrangement was made without difficulty, and has been attended with no inconvenience.

“ We were informed by Dr. Campbell that the Male Detached Block, which is replete with every comfort, is much liked as a residence by the Patients who are very reluctant to be moved back to the Main Building. It is appropriated chiefly to men working on the farm or in the shops, with whom are associated a few convalescent and other special cases.

“ As respects the question of accommodation generally, we were

informed that the number of vacant Beds at present are 14 on the Male side, and 34 on the Female.

“The land including the site of the Buildings, Airing Courts, &c., is altogether 100 acres in extent; about 58 acres are under cultivation of which 42 are arable and garden, and cultivated by the plough and spade.

“The weekly rate of payment for Patients is now 9s. 6d.

“The Patients usefully employed according to the latest Ward Returns were as follows:—

|                | Men. | Women.                 |
|----------------|------|------------------------|
| Agriculture... | 65   | Needlework, &c. ... 54 |
| Artizans ...   | 17   | Laundry ... 29         |
| Others ...     | 59   | Others ... 61          |
| <hr/>          |      | <hr/>                  |
| Total ...      | 141  | 144                    |

The Chapel attendance is

|               | Males. | Females. | Total. |
|---------------|--------|----------|--------|
| Sundays ...   | 104    | 106      | 210    |
| Week Days ... | 46     | 44       | 90     |

“The instances of seclusion since the last visit have been rare.

“The Patients registered as under Medical treatment for bodily ailment, are 22 in the Male, and 21 in the Female Division.

“Many Patients as Dr. Campbell informed us, are received in the last stage of debility and bodily disease, a circumstance which partly accounts for the recent high rate of mortality.

“We are glad to learn that Guardians visit the Asylum more frequently than formerly.

“We have satisfaction in reporting most favourably as heretofore of the general state of the Asylum and personal condition and treatment of the Patients, which are very creditable to Dr. Campbell, and his Assistant Medical and other Officers.

“The Attendants and Nurses are of a superior class and are properly encouraged by liberal wages, the former commencing at £28 and rising by £1 annually, to £30, and the latter commencing at £18 and rising to £20. The attendants of both sexes after 7 years service receive a gratuity of £5.

“All the ordinary attendants are on an equal footing as to duties and position, and take the charge of Wards in monthly

rotation. We have to notice with special approbation, the allowance to the attendants during absence on leave of 1s. 6d. per diem, or 10s. 6d. per week, as Board Wages.

“R. W. S. LUTWIDGE,  
“S. GASKELL,  
COMMISSIONERS IN LUNACY.”

The Criminal Male Patient referred to by the Commissioners, was retaken near Leeds, on the 29th November, and he is now in the West Riding of York Asylum, at Wakefield, under an order received from the Secretary of State, about two months after his escape.

During the course of the year, several Deputations from Boards of Guardians have visited the Asylum, and examined into the condition of the Patients belonging to their respective Unions. The following is an extract from a Report made by a Deputation from the Risbridge Union, after a visit in the month of April.

“Your Deputation were most courteously received by Dr. Campbell, and accompanied by him over the entire Building, when they had the opportunity of noticing and tasting the food prepared for the Inmates, and also inspecting the various Wards and Dormitories. Too much really cannot be said of the neatness, order, and comfort which distinguishes this Establishment. The beauty of the situation and magnificence of the Building, its extensive grounds, the various arrangements for the comfort and amusements of the Inmates, and the efficiency with which the whole concern is managed, all combine to make it an honour to the County of Essex.

“Your Deputation have great pleasure in expressing to those persons who have friends or relations in this and the Milton Asylum, their entire satisfaction at the care bestowed upon the Inmates, and their belief that they enjoy every advantage which humanity can suggest and which their unfortunate position will allow.”

The following is an extract from the Report of a Deputation of the Dunmow Union, after a visit on 16th May.

“ We were very courteously received by the Medical Superintendent, Dr. Campbell, and his Assistant Dr. Harrison, and were by them conducted over the whole Establishment. We were very much pleased with the good order, cleanliness and cheerfulness which pervaded every part of the Asylum, but we wish to speak in special praise of the New Buildings or “Blocks” as they are called, which appear to combine all the comforts of home, with the most effectual supervision and care of the afflicted Inmates.”

On the 25th August, the Chairman and a Deputation of the West Ham Union, visited the Lunatic Inmates of the Union in the Asylum. They consisted, these Gentlemen say in their Report, of 65 persons, each of whom the Deputation saw. Five of these, they proceed to say in their Report, are in an improving condition, and all the other cases in much the same state as they were last year. Dr. Campbell readily afforded the Deputation every assistance in the discharge of their duties, and they cannot report too highly of his extreme kindness and attention to his Patients, and the excellent manner in which every thing is conducted under his superintendence.

CHARLES G. ROUND, CHAIRMAN.

THOMAS B. WESTERN,  
CHARLES DU CANE,  
N. C. BARNARDISTON,  
JNO. GURNEY FRY,  
J. W. PERRY WATLINGTON,  
JOHN PEARSON.

# REPORT OF THE MEDICAL SUPERINTENDENT.

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TO THE CHAIRMAN AND VISITORS OF THE ESSEX  
LUNATIC ASYLUM.

GENTLEMEN,

At the close of another twelve months, I beg to submit to you a Report of the condition and management of the Asylum. Where a uniform tenor is kept up from day to day, there must be a great sameness in the yearly Reports of such an Institution, and beyond the information contained in the annexed statistical returns, respecting the Patients who have been under care and treatment, I have little to add that has not been noticed on former occasions.

The chief practical suggestion which I deem it of importance to make, relates to the length of time which many of those admitted were detained at home or elsewhere, before being brought to the Asylum, and consequently deprived of that treatment which has been provided for them by the County, until their insanity had too far progressed. I cannot too strongly impress on the minds of Parish Authorities, the fact that on the first attack of Insanity, time lost in the treatment of the complaint is seldom recovered, and that it is a matter of economy apart from humane considerations, to secure for the Insane prompt and efficient Medical treatment, at the early stage of

their disease. Judging from my own experience, I do not hesitate to express my belief, that a great proportion of those incurable cases which form the great bulk of the population of our Asylums, (and render it necessary so frequently to enlarge them), has been caused by procrastination, for which there now exists no excuse.

A larger number of Patients have been admitted during this than during the previous year, and although the opportunities of affording benefit would therefore seem comparatively to be greater, yet I have had much reason to be dissatisfied with the general character of the cases received. Of those transmitted, fourteen were Paralytics, eighteen were Epileptics, fourteen were Idiots, five had contracted limbs rendering them perfectly helpless, twenty were admitted whose average ages were 72 years, and a considerable number were old cases of insanity, with mind and body equally broken down and in states of disease, so helpless as to demonstrate that they were sent not to be recovered or relieved, but entombed.

I have to record, as on all former occasions, a gradual increase in the number of Inmates. At the date of my last Report there were in the Establishment, 214 Males and 307 Females, and there have been admitted since 170 Patients, viz: 78 Males and 92 Females, making 691 who have received the benefits of the Asylum during the past twelve months. Of these 70 were discharged recovered; 5 were removed, improved; 1 unimproved, and 65 died. There now remain in the Establishment, 232 Males and 318 Females—total 550.

The daily average number resident in the house was 531, the greatest number having been in December, when there were 551 Patients; and the lowest in February, when there were 514 Patients.

The number of recoveries and deaths recorded in the yearly Report of a County Asylum, depends always in a great measure on the state of the Patients admitted during the year.

Comparing the number of recoveries with the number of admissions, and keeping in view that in so many cases the disease

had been of long standing, and of such a nature as to preclude all hope of recovery ; I have every reason to feel satisfied for the measure of success that has attended my endeavours for the relief of the afflicted Inmates.

The mortality of the year has been unusually large, caused principally by the very feeble and exhausted state in which many of the Patients were when admitted, and whose deaths, consequently swelled the record of mortality, as will be seen from the following statement.

G. A. admitted December 30th, 1863, was suffering from Pneumonia, perfectly helpless and his body much emaciated. Died 10 days after admission.

D. B. aged 79, admitted February 20th, 1864, was perfectly helpless and in a sinking state. Died 14 days after admission.

J. W. admitted March 11th, 1864, was perfectly helpless from general Paralysis and much exhausted. Died 16 days after admission.

E. B. admitted 16th May, 1864, was quite exhausted, and died 9 days after admission.

E. M. aged 75, admitted 23rd May, 1864, was quite exhausted and in a sinking state. Died 5 days after admission.

M. C. aged 78, admitted June 20th, 1864, was perfectly helpless and much exhausted. Died 22 days after admission.

C. M. admitted October 18th, 1864, was carried to the Gallery quite exhausted, and died 16 days after admission.

The diseases most fatal were Paralysis and Epilepsy, of which diseases twenty-five died, five fell victims to consumption of the lungs, and seventeen were far advanced in life, their average ages at death being upwards of 74 years, consequently whose deaths in the course of nature could not have been far distant.

It is necessary always to guard against the results of a particular year, being assumed as a standard by which the success of this or any similar Institution is to be judged. Accurate conclusions can be drawn only from the returns of a series of years, and then with difficulty.

The following table may prove interesting.

## TABLE,

Shewing the Number of Admissions, Recoveries, Deaths, and Average Number resident in the several County Asylums, during 5 years ending 1863, with per Centage of Recoveries on Admissions, and per Centage of Deaths on average Number of Patients resident, compiled from the Returns appended to the Reports of the Commissioners in Lunacy.

| Asylums.                              | 1859 | 1860 | 1861 | 1862 | 1863 | Total. | Per Centage<br>of Recoveries<br>on<br>Admissions. | Per Centage<br>of Deaths<br>on Average<br>No. Resident |
|---------------------------------------|------|------|------|------|------|--------|---|--|
| <b>BEDS, HERTS, &amp;<br/>HUNTS.</b>  |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... ..  | 91   | 515  | 129  | 144  | 121  | 1000   |   |  |
| Recoveries ... ..                     | 31   | 32   | 45   | 55   | 52   | 215    | 21.50   |  |
| Deaths ... ..                         | 42   | 50   | 47   | 56   | 43   | 238    |   |  |
| Average No. Resident                  | 303  | 353  | 443  | 476  | 506  | 2081   |   | 11.43  |
| <b>BUCKS.</b>                         |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... ..  | 133  | 85   | 79   | 70   | 83   | 450    |   |  |
| Recoveries ... ..                     | 36   | 38   | 23   | 18   | 23   | 138    | 30.66   |  |
| Deaths ... ..                         | 31   | 30   | 18   | 30   | 20   | 129    |   |  |
| Average No. Resident                  | 248  | 249  | 254  | 270  | 283  | 1304   |   | 9.89   |
| <b>CAMBRIDGE and<br/>ISLE OF ELY.</b> |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... ..  | 77   | 99   | 126  | 91   | 91   | 484    |   |  |
| Recoveries ... ..                     | 20   | 28   | 43   | 36   | 34   | 161    | 33.26   |  |
| Deaths ... ..                         | 10   | 27   | 28   | 27   | 31   | 123    |   |  |
| Average No. Resident                  | 144  | 178  | 229  | 255  | 278  | 1084   |   | 11.34  |
| <b>CHESTER.</b>                       |      |      |      |      |      |        |   |  |
| Admissions during<br>the year ... ..  | 119  | 132  | 129  | 175  | 165  | 720    |   |  |
| Recoveries ... ..                     | 36   | 47   | 41   | 46   | 68   | 238    | 33.5  |  |
| Deaths ... ..                         | 49   | 47   | 35   | 46   | 58   | 235    |   |  |
| Average No. Resident                  | 303  | 317  | 341  | 422  | 435  | 1818   |   | 12.92  |
| <b>CORNWALL.</b>                      |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... ..  | 81   | 84   | 100  | 104  | 88   | 457    |   |  |
| Recoveries ... ..                     | 28   | 22   | 29   | 33   | 39   | 151    | 33.4  |  |
| Deaths ... ..                         | 23   | 32   | 36   | 34   | 31   | 156    |   |  |
| Average No. Resident                  | 294  | 313  | 328  | 339  | 358  | 1632   |   | 9.55   |

TABLE—CONTINUED.

| Asylums.                             | 1859 | 1860 | 1861 | 1862 | 1863 | Total. | Per Centage<br>of Recoveries<br>on<br>Admissions, | Per Centage<br>of Deaths<br>on Average<br>No. Resident |
|--------------------------------------|------|------|------|------|------|--------|---|--|
| DENBIGH, &c.                         |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 99   | 113  | 80   | 57   | 122  | 471    | 42.25   | 12.20  |
| Recoveries ... ..                    | 41   | 44   | 43   | 31   | 40   | 199    |   |  |
| Deaths ... ..                        | 24   | 43   | 21   | 22   | 33   | 143    |   |  |
| Average No. Resident                 | 216  | 230  | 232  | 232  | 262  | 1172   |   |  |
| DERBY.                               |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 88   | 90   | 124  | 111  | 115  | 528    | 43.56   | 11.88  |
| Recoveries ... ..                    | 36   | 42   | 42   | 54   | 56   | 230    |   |  |
| Deaths ... ..                        | 23   | 28   | 37   | 42   | 48   | 178    |   |  |
| Average No. Resident                 | 271  | 286  | 299  | 318  | 324  | 1498   |   |  |
| DEVON.                               |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 174  | 165  | 170  | 208  | 174  | 891    | 46.24   | 10.31  |
| Recoveries ... ..                    | 74   | 98   | 82   | 85   | 73   | 412    |   |  |
| Deaths ... ..                        | 54   | 80   | 52   | 56   | 77   | 319    |   |  |
| Average No. Resident                 | 594  | 592  | 595  | 651  | 662  | 3094   |   |  |
| DORSET.                              |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 39   | 54   | 46   | 34   | 120  | 293    | 35.15   | 5.37   |
| Recoveries ... ..                    | 22   | 20   | 24   | 17   | 20   | 103    |   |  |
| Deaths ... ..                        | 8    | 9    | 12   | 11   | 9    | 49     |   |  |
| Average No. Resident                 | 165  | 171  | 185  | 190  | 200  | 911    |   |  |
| DURHAM.                              |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 200  | 141  | 153  | 173  | 125  | 792    | 41.91   | 10.16  |
| Recoveries ... ..                    | 52   | 61   | 60   | 91   | 68   | 332    |   |  |
| Deaths ... ..                        | 18   | 38   | 26   | 42   | 37   | 161    |   |  |
| Average No. Resident                 | 200  | 293  | 326  | 378  | 387  | 1584   |   |  |
| ESSEX.                               |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 138  | 161  | 140  | 139  | 152  | 730    | 46.98   | 10.22  |
| Recoveries ... ..                    | 66   | 67   | 75   | 62   | 73   | 343    |   |  |
| Deaths ... ..                        | 46   | 57   | 42   | 39   | 52   | 236    |   |  |
| Average No. Resident                 | 419  | 438  | 460  | 483  | 508  | 2308   |   |  |
| GLOUCESTER.                          |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 176  | 123  | 141  | 157  | 151  | 748    | 31.68   | 10.75  |
| Recoveries ... ..                    | 53   | 30   | 63   | 52   | 39   | 237    |   |  |
| Deaths ... ..                        | 53   | 56   | 64   | 51   | 57   | 281    |   |  |
| Average No. Resident                 | 467  | 508  | 518  | 546  | 573  | 2612   |   |  |

TABLE—CONTINUED.

| Asylums.                             | 1859 | 1860 | 1861 | 1862 | 1863 | Total. | Per Centage<br>of Recoveries<br>on<br>Admissions. | Per Centage<br>of Deaths<br>on Average<br>No. resident |
|--------------------------------------|------|------|------|------|------|--------|---|--|
| HANTS.                               |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 125  | 144  | 162  | 191  | 143  | 765    | 39.73   | 11.74  |
| Recoveries ... ..                    | 50   | 43   | 60   | 81   | 70   | 304    |   |  |
| Deaths ... ..                        | 75   | 68   | 55   | 57   | 66   | 321    |   |  |
| Average No. Resident                 | 518  | 520  | 543  | 570  | 582  | 2733   |   |  |
| KENT.                                |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 166  | 175  | 153  | 187  | 222  | 903    | 35.54   | 10.56  |
| Recoveries ... ..                    | 67   | 75   | 63   | 65   | 51   | 321    |   |  |
| Deaths ... ..                        | 49   | 57   | 84   | 53   | 90   | 333    |   |  |
| Average No. Resident                 | 600  | 621  | 614  | 628  | 688  | 3151   |   |  |
| LANCASTER.                           |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 157  | 130  | 156  | 124  | 123  | 690    | 32.2  | 8.41   |
| Recoveries ... ..                    | 57   | 35   | 47   | 40   | 42   | 221    |   |  |
| Deaths ... ..                        | 48   | 65   | 63   | 56   | 76   | 308    |   |  |
| Average No. Resident                 | 720  | 722  | 733  | 740  | 745  | 3660   |   |  |
| RAINHILL.                            |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 70   | 285  | 246  | 172  | 134  | 907    | 28.11   | 11.19  |
| Recoveries ... ..                    | 37   | 29   | 68   | 66   | 55   | 255    |   |  |
| Deaths ... ..                        | 28   | 50   | 91   | 82   | 66   | 317    |   |  |
| Average No. Resident                 | 404  | 455  | 641  | 665  | 666  | 2831   |   |  |
| PRESTWICH.                           |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 170  | 181  | 157  | 142  | 420  | 1070   | 34.20   | 11.25  |
| Recoveries ... ..                    | 86   | 80   | 82   | 66   | 52   | 366    |   |  |
| Deaths ... ..                        | 49   | 67   | 68   | 53   | 54   | 291    |   |  |
| Average No. Resident                 | 505  | 500  | 505  | 506  | 569  | 2585   |   |  |
| LEICESTER AND<br>RUTLAND.            |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 132  | 111  | 107  | 72   | 74   | 496    | 38.10   | 9.51   |
| Recoveries ... ..                    | 37   | 43   | 45   | 31   | 33   | 189    |   |  |
| Deaths ... ..                        | 40   | 26   | 46   | 46   | 21   | 179    |   |  |
| Average No. Resident                 | 337  | 373  | 392  | 388  | 391  | 1881   |   |  |
| LINCOLN.                             |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 116  | 120  | 141  | 133  | 123  | 633    | 35.54   | 11.17  |
| Recoveries ... ..                    | 36   | 48   | 54   | 53   | 34   | 225    |   |  |
| Deaths ... ..                        | 26   | 74   | 40   | 38   | 48   | 226    |   |  |
| Average No. Resident                 | 368  | 379  | 405  | 432  | 438  | 2022   |   |  |

TABLE—CONTINUED.

| Asylums.                             | 1859 | 1860 | 1861 | 1862 | 1863 | Total. | Per Centage<br>of Recoveries<br>on<br>Admissions. | Per Centage<br>of Deaths<br>on Average<br>No. resident |
|--------------------------------------|------|------|------|------|------|--------|---|--|
| COLNEY HATCH.                        |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 888  | 526  | 523  | 428  | 414  | 2779   | 27.20   | 10.18  |
| Recoveries ... ..                    | 168  | 112  | 144  | 204  | 128  | 756    |   |  |
| Deaths ... ..                        | 135  | 224  | 202  | 167  | 173  | 901    |   |  |
| Average No. Resident                 | 1448 | 1819 | 1837 | 1860 | 1886 | 8850   |   |  |
| HANWELL.                             |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 195  | 532  | 401  | 388  | 425  | 1941   | 21.79   | 9.47   |
| Recoveries ... ..                    | 42   | 57   | 85   | 116  | 123  | 423    |   |  |
| Deaths ... ..                        | 63   | 112  | 141  | 165  | 147  | 628    |   |  |
| Average No. Resident                 | 1021 | 1181 | 1391 | 1473 | 1559 | 6625   |   |  |
| MONMOUTH, &c.                        |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 122  | 146  | 153  | 126  | 159  | 706    | 42.91   | 10.59  |
| Recoveries ... ..                    | 58   | 58   | 69   | 60   | 58   | 303    |   |  |
| Deaths ... ..                        | 39   | 39   | 49   | 39   | 50   | 216    |   |  |
| Average No. Resident                 | 350  | 389  | 414  | 426  | 459  | 2038   |   |  |
| NORFOLK.                             |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 110  | 123  | 149  | 101  | 104  | 587    | 41.39   | 11.57  |
| Recoveries ... ..                    | 47   | 55   | 61   | 35   | 45   | 243    |   |  |
| Deaths ... ..                        | 42   | 41   | 45   | 34   | 41   | 203    |   |  |
| Average No. Resident                 | 313  | 333  | 368  | 367  | 373  | 1754   |   |  |
| NORTHUMBER-<br>LAND.                 |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 154  | 74   | 76   | 80   | 72   | 456    | 30.92   | 7.60   |
| Recoveries ... ..                    | 15   | 26   | 23   | 33   | 44   | 141    |   |  |
| Deaths ... ..                        | 9    | 15   | 11   | 14   | 17   | 66     |   |  |
| Average No. Resident                 | 107  | 144  | 185  | 210  | 222  | 868    |   |  |
| NOTTS.                               |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 128  | 98   | 121  | 91   | 87   | 525    | 35.23   | 12.62  |
| Recoveries ... ..                    | 39   | 39   | 31   | 40   | 36   | 185    |   |  |
| Deaths ... ..                        | 27   | 41   | 39   | 37   | 38   | 182    |   |  |
| Average No. Resident                 | 256  | 268  | 293  | 305  | 320  | 1442   |   |  |
| OXFORD & BERKS                       |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 142  | 146  | 148  | 150  | 160  | 746    | 40.61   | 12.50  |
| Recoveries ... ..                    | 57   | 64   | 50   | 59   | 73   | 303    |   |  |
| Deaths ... ..                        | 46   | 68   | 69   | 65   | 57   | 305    |   |  |
| Average No. Resident                 | 487  | 491  | 484  | 490  | 488  | 2440   |   |  |

TABLE—CONTINUED.

| Asylums.                             | 1859             | 1860 | 1861 | 1862 | 1863 | Total. | Per Centage<br>of Recoveries<br>on<br>Admissions. | Per Centage<br>of Deaths<br>on Average<br>No. Resident |
|--------------------------------------|------------------|------|------|------|------|--------|---|--|
| SALOP & MONTGOMERY.                  |                  |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 123              | 126  | 117  | 134  | 112  | 612    | 49.34   | 10.21  |
| Recoveries ... ..                    | 69               | 41   | 87   | 50   | 55   | 302    |   |  |
| Deaths ... ..                        | 35               | 44   | 29   | 43   | 37   | 188    |   |  |
| Average No. Resident                 | 347              | 355  | 363  | 380  | 396  | 1841   |   |  |
| SOMERSET.                            |                  |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 152              | 140  | 193  | 168  | 156  | 809    | 50.55   | 10.8   |
| Recoveries ... ..                    | 73               | 66   | 85   | 101  | 84   | 409    |   |  |
| Deaths ... ..                        | 46               | 52   | 43   | 41   | 41   | 223    |   |  |
| Average No. Resident                 | 399              | 406  | 447  | 471  | 488  | 2211   |   |  |
| STAFFORD.                            |                  |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 222              | 250  | 225  | 236  | 219  | 1152   | 52.51   | 14.78  |
| Recoveries ... ..                    | 116              | 108  | 109  | 148  | 124  | 605    |   |  |
| Deaths ... ..                        | 70               | 82   | 64   | 62   | 87   | 365    |   |  |
| Average No. Resident                 | 471              | 513  | 509  | 492  | 483  | 2468   |   |  |
| SUFFOLK.                             |                  |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 112              | 107  | 101  | 114  | 115  | 549    | 47.90   | 12.93  |
| Recoveries ... ..                    | 56               | 47   | 55   | 49   | 56   | 263    |   |  |
| Deaths ... ..                        | 35               | 38   | 53   | 33   | 50   | 209    |   |  |
| Average No. Resident                 | 306              | 322  | 328  | 322  | 338  | 1616   |   |  |
| SURREY.                              |                  |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 173              | 233  | 69   | 95   | 127  | 697    | 37.30   | 8.19   |
| Recoveries ... ..                    | 68               | 73   | 37   | 35   | 47   | 260    |   |  |
| Deaths ... ..                        | 98               | 119  | 57   | 48   | 58   | 380    |   |  |
| Average No. Resident                 | 948              | 944  | 924  | 906  | 915  | 4637   |   |  |
| SUSSEX.                              |                  |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | Asylum<br>Opened | 184  | 168  | 129  | 81   | 562    | 24.55   | 9.33   |
| Recoveries ... ..                    |                  | 44   | 26   | 34   | 34   | 138    |   |  |
| Deaths ... ..                        |                  | 34   | 46   | 40   | 43   | 163    |   |  |
| Average No. Resident                 |                  | 356  | 420  | 481  | 490  | 1747   |   |  |
| WARWICK.                             |                  |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 122              | 83   | 96   | 100  | 88   | 489    | 34.56   | 10.64  |
| Recoveries ... ..                    | 40               | 34   | 31   | 30   | 34   | 169    |   |  |
| Deaths ... ..                        | 37               | 33   | 32   | 40   | 38   | 180    |   |  |
| Average No. Resident                 | 304              | 324  | 341  | 352  | 370  | 1691   |   |  |

TABLE—CONTINUED.

| Asylums.                             | 1859 | 1860 | 1861 | 1862 | 1863 | Total. | Per Centage<br>of Recoveries<br>on<br>Admissions. | Per Centage<br>of Deaths<br>on Average<br>No. Resident |
|--------------------------------------|------|------|------|------|------|--------|---|--|
| WILTS.                               |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 116  | 111  | 122  | 123  | 108  | 580    | 43.96   | 12.63  |
| Recoveries ... ..                    | 54   | 49   | 44   | 68   | 40   | 255    |   |  |
| Deaths ... ..                        | 57   | 39   | 48   | 29   | 53   | 226    |   |  |
| Average No. Resident                 | 339  | 342  | 351  | 372  | 384  | 1788   |   |  |
| WORCESTER.                           |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 120  | 132  | 130  | 118  | 159  | 659    | 34.14   | 11.63  |
| Recoveries ... ..                    | 45   | 38   | 42   | 46   | 54   | 225    |   |  |
| Deaths ... ..                        | 40   | 50   | 41   | 45   | 54   | 230    |   |  |
| Average No. Resident                 | 362  | 374  | 389  | 416  | 435  | 1976   |   |  |
| N. & E. RIDING.                      |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 142  | 127  | 122  | 119  | 99   | 609    | 37.11   | 8.74   |
| Recoveries ... ..                    | 37   | 36   | 54   | 46   | 53   | 226    |   |  |
| Deaths ... ..                        | 42   | 46   | 42   | 35   | 43   | 208    |   |  |
| Average No. Resident                 | 441  | 466  | 485  | 492  | 495  | 2379   |   |  |
| W. RIDING.                           |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 331  | 333  | 414  | 373  | 387  | 1838   | 40.31   | 14.76  |
| Recoveries ... ..                    | 151  | 125  | 132  | 163  | 170  | 741    |   |  |
| Deaths ... ..                        | 106  | 135  | 167  | 170  | 154  | 732    |   |  |
| Average No. Resident                 | 926  | 965  | 996  | 1027 | 1044 | 4958   |   |  |
| BIRMINGHAM.                          |      |      |      |      |      |        |   |  |
| Admissions during<br>the Year ... .. | 118  | 128  | 142  | 199  | 211  | 798    | 34.33   | 10.81  |
| Recoveries ... ..                    | 69   | 40   | 45   | 46   | 74   | 274    |   |  |
| Deaths ... ..                        | 38   | 41   | 30   | 50   | 50   | 209    |   |  |
| Average No. Resident                 | 353  | 335  | 360  | 400  | 485  | 1933   |   |  |

There are some who entertain the idea that the Insane are seldom ill except mentally; the experience however of this Hospital proves beyond doubt that there is scarcely any Insane person who is entirely free from Physical Ailment, there is generally a diminution of vital power in the various functions of the body, therefore food nutritious and even stimulating, and above that which the same persons would take, if well, is frequently required.

I believe that the utmost economy has been exercised in every department, consistent with the welfare of the Inmates, and I am glad to say that although several articles required have greatly increased in price, particularly those of Clothing; no increase in the weekly charge has been rendered necessary.

In my last Report, I mentioned that the new Blocks had been opened for the reception of Patients on the 29th August, 1863, and that they were immediately occupied by about fifty Male Patients; since that time the occupants have increased to the number of seventy, showing the real necessity that existed for the recent enlargement of the Establishment.

The Chaplain's Report renders it unnecessary for me to make any remarks as to the effect of religious observances on the minds of the Patients. I am convinced they are important as remedial means, and that in some cases the effects are lasting, and they frequently by occupying also for a time the Patients minds give them habits of self restrain and control.

Three accidents occasioning fractured bones happened during the Year to Male Patients. The first received fracture of the clavicle when fighting with a fellow Patient. The second fracture of both bones of the leg by a fall, and the third fracture of the leg by falling down when in an epileptic fit. As may be supposed, much difficulty was experienced in the treatment of such cases from the constant attempts of the Patients to loose and remove the bandages. By the constant supervision of attendants by night and day, they all terminated satisfactorily.

No personal restraint was resorted to in the above-mentioned cases, and I may add, that in no instance, has it ever been used in the treatment of Patients since the Asylum was opened.

The attempts to escape, taking into consideration the great amount of freedom enjoyed by the Inmates, have been few, and seldom have the Patients succeeded in getting any distance before they were brought back. The case of most consequence was that of a Criminal Lunatic, and a very determined man, who succeeded by scaling a high wall, assisted in his purpose by another of the same class. After an absence of several months

he was recaptured at Leeds, but an order having been received from the Secretary of State, for his removal to another Asylum, he was conveyed at once to that Institution. Patients of the Criminal Class as they are termed, are frequently very cunning, and are a source of considerable anxiety to those to whose management and supervision they are entrusted. I am glad to say that some provision is now made for State Lunatics, and that during the past Year three were removed from this Institution to the New Criminal Asylum, at Broadmoor.

The difficulty of obtaining trustworthy and good Attendants becomes yearly more apparent. To them is entrusted in no small measure, the happiness of Patients, and the carrying out of plans proposed for the restoration of health, and although the Galleries of an Asylum sometimes present a cheerful aspect; there is not unfrequently a deep under current of unhappiness in agitation, which seeks vent in moroseness or spleen, or in occasional bursts of violence or in irritability, which cannot be subdued or soothed without tact and sound judgment, while at the same time there is sometimes a display of the failings and follies of human nature, deprived of the veil which prudence or reason supply and urged to assume their most aggravated forms, by imaginary misfortunes and delusions. Attendants require to possess forbearance and to be able at all times to subdue their own feelings and temper, for in associating constantly with the Insane, they have frequently to bear the brunt of unreasonable abuse and caprice, while at the same time they must frequently perform acts of kindness to the ungrateful. Good Attendants are servants of great value and should be people not of an inferior stamp, but educated. It is therefore essential that their remuneration should be ample, and that their situations should always be made as comfortable as is consistent with a regular and conscientious discharge of duty. The sum kindly voted by your Committee this year to be paid them during their leave of absence has been much appreciated.

Employment continues to be attended with the greatest advantage to many Patients even where the disease is hopeless,

and of all occupations out-door may be reckoned the most useful. In all cases where the Patients could be induced to employ themselves on the Farm, we found soon marked advantage. Such employment imparts to the mind healthy trains of thought, renders the Patients tranquil, increases their bodily strength and causes them to sleep sounder.

There are few sights more pleasant than that of a large number of Insane Patients working on the grounds ; to see Men perhaps lately sunk in despondency, or who displayed only mischievous and dangerous impulses, busily earning and confirming health of mind in such an avocation may well excite a feeling of more than common interest. On the other hand no small saving has arisen from the labours of the Patients. Several have with great benefit to themselves been employed in laying out the Grounds, Gardens, &c., at the New Buildings. Some of them have been valuable Assistants to the Carpenter, others to the Tailor and Shoemaker, and one to the Bricklayer.

A large number of the Females have been employed in the Washing House, Laundry, and Kitchen. All the repairs of Clothes required throughout the year have been executed by Patients, and not a few have been regularly employed in making the different articles of Clothing used in the establishment.

The effect also which amusements are calculated to produce in tranquillizing and suggesting pleasing emotions to the Patients, is sometimes very great, consequently the accustomed means of recreation have not been neglected, but every effort has been made to vary and multiply them during the past year.

Evidence exists to show that injury is inflicted upon the youthful mind by over exertion, unrelieved by that cheerfulness and enjoyment which nature suggests, and even the strong intellect requires for itself frequent and agreeable interruptions to the ordinary thoughts by which it is engrossed. The insane can plead both the feebleness of the one and the engrossing speculations of the other, as grounds for an extension of their enjoyments, and for scenes of temporary mirthfulness and interest

which may disturb, if they do not destroy that hurtful abstraction in which so many are plunged.

The annual return of Christmas was celebrated in the Asylum as formerly. The Patients were provided with a good dinner and on the following evening were amused with dancing, singing, and music. During the Summer months excursions were made to different places of interest, all calculated to mitigate the feeling of confinement and relieve the monotony of Asylum life, and the liberty allowed in walking beyond the limits of the Institution and its grounds, has always been attended with good effect on the spirits of the Inmates. A supply of monthly and weekly Periodicals has afforded amusement to many, and instruction to some, and amongst the amusements for Winter Evenings are Bagatelle, Draughts, Dominoes, &c., with occasional Concerts and Dancing.

There is no doubt that the treatment experienced by a Patient on his entrance into a Lunatic Hospital in many instances, determines the future career of the disease. The persons with whom he is placed, his occupations, amusements or otherwise, according to the nature of the case, are matters of the first importance. The great objects in view, are to collect around the unfortunate Inmates, as many sources of happiness as are attainable, to give a generous diet, substantial Clothing, and careful superintendence, employment and amusements, wherever these promise to contribute to recovery or relief, or even pleasure. By such a course I find that almost every individual in some degree improves, the most degraded are elevated in the scale of being, improper and filthy habits are eradicated and peculiarities corrected, and happiness frequently imparted where recovery cannot be anticipated. Every hour of happiness which is given, every degree of additional enlightenment which is gained, is a boon of incalculable benefit to the Patient, and places the whole mind in a condition to be benefited by the other measures adopted for its improvement.

The different Officers of the Asylum have been assiduous in

the discharge of their duties, and from them I have received much assistance.

In conclusion, I beg to return your Committee my best thanks for the support you have afforded me, and for the liberal manner you have entered into any proposal brought forward calculated to advance the comfort of the Inmates, and I trust that under your continued government, the Institution will continue as heretofore, to extend important advantages to the County of Essex, and to secure the confidence of the community.

I am,

GENTLEMEN,

Your obedient Servant,

D. C. CAMPBELL, M.D.,

MEDICAL SUPERINTENDENT.

*January 1st, 1865.*

# TABLES.

TABLE, No. 1.

## GENERAL RESULTS OF THE YEAR.

|   | Males. | Females. | Total. |
|---|--------|----------|--------|
| Patients in the Asylum, 25th December, 1863 ... | 214    | 307      | 521    |
| Admitted during the year ... ..                 | 78     | 92       | 170    |
| Under Treatment during the year ... ..          | 292    | 399      | 691    |
| Removed during the year, viz —                  |        |          |        |
|   | MALES  | FEMALES  | TOTAL  |
| Recovered ... ..                                | 28     | 42       | 70     |
| Improved ... ..                                 | 4      | 1        | 5      |
| Unimproved ... ..                               | 1      |          | 1      |
| Died... ..                                      | 27     | 38       | 65     |
|   | 60     | 81       | 141    |
| Remaining in the Asylum, 25th December, 1864    | 232    | 318      | 550    |

TABLE, No. 2.

## SHOWING THE AGES OF PATIENTS ADMITTED DURING THE YEAR.

|                            | Males. | Females. | Total. |
|----------------------------|--------|----------|--------|
| From 10 to 20 years ... .. | 6      | 6        | 12     |
| „ 20 to 30 „ ... ..        | 19     | 23       | 42     |
| „ 30 to 40 „ ... ..        | 15     | 21       | 36     |
| „ 40 to 50 „ ... ..        | 14     | 15       | 29     |
| „ 50 to 60 „ ... ..        | 8      | 8        | 16     |
| „ 60 to 70 „ ... ..        | 9      | 7        | 16     |
| „ 70 to 80 „ ... ..        | 3      | 9        | 12     |
| Not ascertained ... ..     | 4      | 3        | 7      |
| Total ... ..               | 78     | 92       | 170    |

TABLE, No. 3.

SHOWING THE SOCIAL CONDITION OF THE PATIENTS  
ADMITTED DURING THE YEAR.

|                        | Males. | Females. | Total |
|------------------------|--------|----------|-------|
| Single ... ..          | 39     | 34       | 73    |
| Married... ..          | 30     | 47       | 77    |
| Widowed ... ..         | 7      | 9        | 16    |
| Not ascertained ... .. | 2      | 2        | 4     |
| Total ... ..           | 78     | 92       | 170   |

TABLE, No. 4.

SHOWING THE RELIGIOUS DENOMINATIONS OF THE PATIENTS  
ADMITTED DURING THE YEAR.

|                                | Males | Females | Total |
|--------------------------------|-------|---------|-------|
| Church of England ... ..       | 50    | 66      | 116   |
| Dissenters—Sect unknown ... .. | 5     | 9       | 14    |
| Independent ... ..             | 3     | 6       | 9     |
| Wesleyan ... ..                | 3     | 2       | 5     |
| Baptist ... ..                 | 6     | 2       | 8     |
| Lutheran ... ..                | 1     | 0       | 1     |
| Roman Catholic ... ..          | 3     | 0       | 3     |
| Unknown ... ..                 | 7     | 7       | 14    |
| Total ... ..                   | 78    | 92      | 170   |

TABLE, No. 5.

SHOWING DURATION OF INSANITY IN THE CASES ADMITTED  
BEFORE THEY WERE BROUGHT TO THE ASYLUM.

|                                | Males | Females | Total |
|--------------------------------|-------|---------|-------|
| Not exceeding one month ... .. | 25    | 26      | 51    |
| Between 1 and 2 months ... ..  | 5     | 9       | 14    |
| „ 2 and 3 „ ... ..             | 3     | 6       | 9     |
| „ 3 and 4 „ ... ..             | 4     | 6       | 10    |
| „ 4 and 5 „ ... ..             | 1     | 3       | 4     |
| „ 5 and 6 „ ... ..             | 1     | 3       | 4     |
| „ 6 months and 1 year ... ..   | 11    | 10      | 21    |
| „ 1 year and 2 years ... ..    | 5     | 5       | 10    |
| „ 2 „ 3 „ ... ..               | 4     | 7       | 11    |
| „ 3 „ 4 „ ... ..               | 2     | 0       | 2     |
| „ 4 „ 5 „ ... ..               | 1     | 2       | 3     |
| „ 5 „ 6 „ ... ..               | 1     | 0       | 1     |
| „ 7 „ 8 „ ... ..               | 1     | 0       | 1     |
| „ 9 „ 10 „ ... ..              | 1     | 0       | 1     |
| „ 12 „ 13 „ ... ..             | 1     | 0       | 1     |
| „ 20 „ 40 „ ... ..             | 0     | 3       | 3     |
| Unknown ... ..                 | 12    | 12      | 24    |
| Total '... ..                  | 78    | 92      | 170   |

TABLE, No. 6.

FORM OF INSANITY IN THE CASES ADMITTED DURING THE  
YEAR.

|                    | Males | Females | Total |
|--------------------|-------|---------|-------|
| Mania ... ..       | 30    | 41      | 71    |
| Melancholia ... .. | 20    | 26      | 46    |
| Dementia ... ..    | 23    | 16      | 39    |
| Amentia ... ..     | 5     | 9       | 14    |
| Total ... ..       | 78    | 92      | 170   |

TABLE, No. 7.

NUMBER OF ATTACKS IN THE CASES ADMITTED DURING THE  
YEAR.

|                                      | Males | Females | Total |
|--------------------------------------|-------|---------|-------|
| Cases of first attack ... ..         | 63    | 66      | 129   |
| Cases of more than one attack ... .. | 12    | 24      | 36    |
| Cases not ascertained ... ..         | 3     | 2       | 5     |
| Total ... ..                         | 78    | 92      | 170   |

TABLE, No. 8.

ADMISSIONS, DISCHARGES, DEATHS, &c., DURING EACH MONTH  
IN THE YEAR, AND DAILY AVERAGE NUMBER EACH MONTH.

| Months.               | Admissions |    | Discharges &<br>Removals. |    | Deaths. |    | Daily Average.       |                       |                      |
|-----------------------|------------|----|---------------------------|----|---------|----|----------------------|-----------------------|----------------------|
|                       | M          | F  | M                         | F  | M       | F  | M                    | F                     | TOTAL                |
| 1863                  |            |    |                           |    |         |    |                      |                       |                      |
| December 25th to 31st | 3          |    |                           |    |         | 2  | 215 $\frac{3}{6}$    | 305 $\frac{4}{6}$     | 521 $\frac{1}{6}$    |
| 1864.                 |            |    |                           |    |         |    |                      |                       |                      |
| January ... ..        | 8          | 5  | 1                         | 6  | 6       | 5  | 219 $\frac{8}{31}$   | 302 $\frac{24}{31}$   | 522 $\frac{1}{31}$   |
| February ... ..       | 8          | 3  | 3                         | 4  | 4       | 2  | 218                  | 298 $\frac{10}{29}$   | 516 $\frac{10}{29}$  |
| March ... ..          | 7          | 8  | 3                         |    | 4       | 5  | 218 $\frac{1}{31}$   | 297 $\frac{5}{31}$    | 515 $\frac{6}{31}$   |
| April ... ..          | 7          | 6  | 4                         | 3  |         | 2  | 221 $\frac{8}{30}$   | 299 $\frac{6}{30}$    | 520 $\frac{14}{30}$  |
| May ... ..            | 6          | 7  | 1                         | 1  | 2       | 5  | 223 $\frac{11}{31}$  | 300 $\frac{25}{31}$   | 524 $\frac{5}{31}$   |
| June ... ..           | 9          | 16 | 2                         | 3  | 3       | 3  | 225 $\frac{11}{30}$  | 308 $\frac{10}{30}$   | 533 $\frac{21}{30}$  |
| July ... ..           | 5          | 8  | 2                         | 8  | 2       | 3  | 229 $\frac{1}{31}$   | 309 $\frac{20}{31}$   | 538 $\frac{21}{31}$  |
| August ... ..         | 7          | 11 | 5                         | 2  | 2       | 1  | 229 $\frac{12}{31}$  | 313 $\frac{12}{31}$   | 542 $\frac{24}{31}$  |
| September ... ..      | 2          | 3  | 4                         | 5  |         | 4  | 226 $\frac{9}{30}$   | 312 $\frac{20}{30}$   | 538 $\frac{29}{30}$  |
| October ... ..        | 2          | 7  | 2                         | 5  | 2       |    | 225 $\frac{24}{31}$  | 308 $\frac{23}{31}$   | 534 $\frac{16}{31}$  |
| November ... ..       | 7          | 12 | 4                         | 4  | 1       | 2  | 226 $\frac{13}{30}$  | 316 $\frac{6}{30}$    | 542 $\frac{19}{30}$  |
| December 25th ...     | 7          | 6  | 2                         | 2  | 1       | 4  | 229 $\frac{24}{25}$  | 317 $\frac{11}{25}$   | 547 $\frac{10}{25}$  |
| Total ... ..          | 78         | 92 | 33                        | 43 | 27      | 38 | 224 $\frac{51}{366}$ | 306 $\frac{326}{366}$ | 531 $\frac{11}{366}$ |

|                                |      |   |     |
|--------------------------------|------|---|-----|
| Daily Average Number in ... .. | 1857 | — | 388 |
| „                              | 1858 | — | 395 |
| „                              | 1859 | — | 419 |
| „                              | 1860 | — | 438 |
| „                              | 1861 | — | 460 |
| „                              | 1862 | — | 483 |
| „                              | 1863 | — | 509 |
| Lowest Number during the Year  | 1864 | — | 514 |
| Highest                        | „    | — | 551 |

TABLE, No. 9.

OCCUPATION, OR STATION IN LIFE, OF PATIENTS ADMITTED  
DURING THE YEAR.

|                                       | Males | Females | Total |
|---------------------------------------|-------|---------|-------|
| Labourers, Wives and Widows of ... .. | 30    | 25      | 55    |
| Servants ... ..                       | 4     | 26      | 30    |
| Glazier ... ..                        | 1     | 0       | 1     |
| Painter . . . . .                     | 1     | 0       | 1     |
| Railway Porter ... ..                 | 1     | 0       | 1     |
| Wheelwright ... ..                    | 1     | 0       | 1     |
| Groom ... ..                          | 1     | 0       | 1     |
| Dressmakers ... ..                    | 0     | 4       | 4     |
| Shoemakers, and Wives of ... ..       | 7     | 4       | 11    |
| Clergyman ... ..                      | 1     | 0       | 1     |
| Surgeon ... ..                        | 1     | 0       | 1     |
| Tailor ... ..                         | 1     | 0       | 1     |
| Engineer ... ..                       | 1     | 0       | 1     |
| Schoolmaster ... ..                   | 1     | 0       | 1     |
| Clerks, and Wife of ... ..            | 2     | 1       | 3     |
| Wife of Miller ... ..                 | 0     | 1       | 1     |
| Cabman, and Wife of ... ..            | 1     | 1       | 2     |
| Fishermen ... ..                      | 2     | 0       | 2     |
| Gardeners, and Wife of ... ..         | 2     | 1       | 3     |
| Sailors, and Wives of ... ..          | 4     | 2       | 6     |
| Wife of Policeman ... ..              | 0     | 1       | 1     |
| Wives of Horsedealers ... ..          | 0     | 2       | 2     |
| Wives of Bricklayers ... ..           | 0     | 2       | 2     |
| Wife of Saddler ... ..                | 0     | 1       | 1     |
| Soldiers ... ..                       | 3     | 0       | 3     |
| Wife of Chemist ... ..                | 0     | 1       | 1     |
| Carpenters, and Wives of ... ..       | 1     | 2       | 3     |
| Wife of Farmer ... ..                 | 0     | 1       | 1     |
| Blacksmith ... ..                     | 1     | 0       | 1     |
| Publican ... ..                       | 1     | 0       | 1     |
| Unknown or of no Occupation ... ..    | 10    | 17      | 27    |
| Total ... ..                          | 78    | 92      | 170   |

TABLE, No. 10.

SUPPOSED CAUSES OF THE DISEASE IN THE CASES ADMITTED  
DURING THE YEAR.

|                         |     |     |     |     | Males | Females | Total |
|-------------------------|-----|-----|-----|-----|-------|---------|-------|
| Hereditary              | ... | ... | ... | ... | 6     | 18      | 24    |
| Intemperance...         | ... | ... | ... |     | 16    | 3       | 19    |
| Paralysis...            | ... | ... | ... | ... | 8     | 2       | 10    |
| Epilepsy                | ... | ... | ... | ... | 11    | 7       | 18    |
| Congenital              | ... | ... | ... | ... | 5     | 9       | 14    |
| Religious Excitement    | ... | ... | ... |     | 3     | 2       | 5     |
| Grief                   | ... | ... | ... | ... | 3     | 0       | 3     |
| Child Birth             | ... | ... | ... | ... | 0     | 6       | 6     |
| Anxiety                 | ... | ... | ... | ... | 1     | 0       | 1     |
| A Fright                | ... | ... | ... | ... | 1     | 1       | 2     |
| Desertion by Husband    | ... | ... | ... |     | 0     | 1       | 1     |
| Disappointment in Love  |     | ... | ... |     | 0     | 1       | 1     |
| Over Nursing            | ... | ... | ... | ... | 0     | 1       | 1     |
| Jealousy                | ... | ... | ... | ... | 0     | 1       | 1     |
| Death of Husband        | ... | ... | ... |     | 0     | 1       | 1     |
| Illtreatment by Husband | ... | ... | ... |     | 0     | 1       | 1     |
| Death of a Relative     | ... | ... | ... |     | 1     | 0       | 1     |
| Fever                   | ... | ... | ... | ... | 1     | 2       | 3     |
| Poverty                 | ... | ... | ... | ... | 0     | 2       | 2     |
| Old Age                 | ... | ... | ... | ... | 2     | 4       | 6     |
| Unknown                 | ... | ... | ... | ... | 20    | 30      | 50    |
| Total                   |     |     |     |     | 78    | 92      | 170   |

TABLE, No. 11.

DURATION OF INSANITY PREVIOUS TO ADMISSION IN THE  
CASES DISCHARGED RECOVERED.

|                    |     |     |     |     | Males | Females | Total |
|--------------------|-----|-----|-----|-----|-------|---------|-------|
| One week and under | ... | ... | ... | ... | 8     | 12      | 20    |
| Under 2 weeks      | ... | ... | ... | ... | 6     | 4       | 10    |
| " 3 "              | ... | ... | ... | ... | 1     | 2       | 3     |
| " 4 "              | ... | ... | ... | ... | 3     | 3       | 6     |
| " 2 months         | ... | ... | ... | ... | 2     | 10      | 12    |
| " 3 "              | ... | ... | ... | ... | 4     | 0       | 4     |
| " 4 "              | ... | ... | ... | ... | 0     | 1       | 1     |
| " 5 "              | ... | ... | ... | ... | 1     | 1       | 2     |
| " 9 "              | ... | ... | ... | ... | 0     | 2       | 2     |
| 1 year             | ... | ... | ... | ... | 0     | 1       | 1     |
| 2 "                | ... | ... | ... | ... | 1     | 2       | 3     |
| 4 "                | ... | ... | ... | ... | 0     | 1       | 1     |
| Unknown            | ... | ... | ... | ... | 2     | 3       | 5     |
| Total              | ... | ... | ... | ... | 28    | 42      | 70    |

TABLE, No. 12.

LENGTH OF TIME THE PATIENTS DISCHARGED RECOVERED  
WERE UNDER TREATMENT IN THE ASYLUM.

|                         |     |     |     |     | Males | Females | Total |
|-------------------------|-----|-----|-----|-----|-------|---------|-------|
| Under one month         | ... | ... | ... | ... | 2     | 5       | 7     |
| Between 1 and 2 months  | ... | ... | ... | ... | 9     | 5       | 14    |
| " 2 " 3                 | ... | ... | ... | ... | 4     | 3       | 7     |
| " 3 " 4                 | ... | ... | ... | ... | 1     | 7       | 8     |
| " 4 " 5                 | ... | ... | ... | ... | 2     | 3       | 5     |
| " 5 " 6                 | ... | ... | ... | ... | 0     | 2       | 2     |
| " 6 " 7                 | ... | ... | ... | ... | 1     | 2       | 3     |
| " 7 " 8                 | ... | ... | ... | ... | 1     | 2       | 3     |
| " 8 " 9                 | ... | ... | ... | ... | 0     | 1       | 1     |
| " 9 " 10                | ... | ... | ... | ... | 0     | 1       | 1     |
| " 10 " 11               | ... | ... | ... | ... | 2     | 4       | 6     |
| " 11 " 12               | ... | ... | ... | ... | 1     | 2       | 3     |
| " 1 year and 18 months  | ... | ... | ... | ... | 0     | 3       | 3     |
| " 18 months and 2 years | ... | ... | ... | ... | 1     | 1       | 2     |
| " 2 years " 3 "         | ... | ... | ... | ... | 0     | 1       | 1     |
| " 3 " " 4 "             | ... | ... | ... | ... | 1     | 0       | 1     |
| " 4 " " 5 "             | ... | ... | ... | ... | 2     | 0       | 2     |
| " 5 " " 6 "             | ... | ... | ... | ... | 1     | 0       | 1     |
| Total                   | ... | ... | ... | ... | 28    | 42      | 70    |

TABLE, No. 13.

## OBITUARY.

| No. | Sex. | Age. | Form of Insanity. | In the Asylum.           | Cause of Death                  | State on Admission.                     | Union.         |
|-----|------|------|-------------------|--------------------------|---------------------------------|---|----------------|
| 1   | F.   | 44   | Mania             | 10 years                 | Epilepsy                        | Good health                             | Rochford       |
| 2   | F.   | 50   | Melancholia       | 11 weeks                 | Marasmus                        | Very weak and exhausted                 | Risbridge      |
| 3   | F.   | 35   | Dementia          | 9 months                 | General Paralysis               | Symptoms of paralysis                   | Romford        |
| 4   | M.   | 31   | Mania             | 54 months                | Epilepsy                        | Long subject to fits                    | Maldon         |
| 5   | M.   | 82   | Dementia          | 21 months                | Natural decay                   | Very weak & helpless                    | Tendring       |
| 6   | F.   | 59   | Dementia          | 10 years                 | Phthisis                        | Good health                             | Chelmsford     |
| 7   | F.   | 69   | Mania             | 51 months                | Natural decay                   | Very weak                               | County         |
| 8   | M.   | 48   | Dementia          | 11 days                  | Pneumonia                       | In a sinking state                      | Chelmsford     |
| 9   | F.   | 52   | Dementia          | 45 months                | Epileptic exhaustion            | Epileptic & paralytic and very helpless | Chelmsford     |
| 10  | M.   | 88   | Dementia          | 48 months                | Natural decay                   | In a feeble state                       | Witham         |
| 11  | F.   | 74   | Mania             | 10 years                 | Natural decay                   | Good health                             | Edmonton       |
| 12  | M.   | 77   | Mania             | 11 months                | Natural decay                   | Feeble and exhausted                    | Dunmow         |
| 13  | M.   | 71   | Melancholia       | 14 months                | Natural decay                   | Feeble health                           | Tendring       |
| 14  | M.   | 31   | Dementia          | 11 months                | General paralysis               | Paralytic and feeble                    | Billericay     |
| 15  | M.   | 35   | Melancholia       | 20 months                | General paralysis               | Paralytic symptoms                      | Chelmsford     |
| 16  | M.   | 57   | Mania             | 9 & $\frac{1}{2}$ years  | Epilepsy                        | Subject to fits                         | Maldon         |
| 17  | M.   | 33   | Melancholia       | 11 months                | Exhaustion from refusal of food | Much exhausted and quite helpless       | Lexden         |
| 18  | F.   | 53   | Mania             | 27 months                | Paralysis                       | Average health                          | Rochford       |
| 19  | F.   | 69   | Melancholia       | 8 months                 | Disease of heart                | Feeble health                           | Halstead       |
| 20  | F.   | 54   | Dementia          | 14 months                | Disease of heart                | Average health                          | Saffron Walden |
| 21  | M.   | 79   | Dementia          | 14 days                  | Natural decay                   | Sinking state                           | Epping         |
| 22  | F.   | 54   | Dementia          | 10 & $\frac{1}{2}$ years | Phthisis                        | Good health                             | Maldon         |
| 23  | M.   | 66   | Dementia          | 10 years                 | Congestion of lungs             | Good health                             | Tendring       |
| 24  | F.   | 54   | Dementia          | 22 months                | General paralysis               | Helpless from paralysis                 | Colchester     |
| 25  | M.   | 28   | Dementia          | 8 years                  | Epilepsy                        | Subject to fits                         | Romford        |
| 26  | F.   | 31   | Melancholia       | 5 months                 | Maniacal exhaustion             | Feeble health                           | West Ham       |
| 27  | F.   | 73   | Mania             | 10 & $\frac{1}{2}$ years | Natural decay                   | Good health                             | Billericay     |
| 28  | M.   | 51   | Melancholia       | 16 days                  | General paralysis               | Quite exhausted                         | Chelmsford     |
| 29  | F.   | 77   | Dementia          | 8 & $\frac{1}{2}$ years  | Natural decay                   | Good health                             | Rochford       |
| 30  | F.   | 71   | Dementia          | 34 months                | Natural decay                   | Feeble health                           | Colchester     |
| 31  | M.   | 40   | Melancholia       | 18 months                | Phthisis                        | Feeble health                           | Tendring       |
| 32  | F.   | 60   | Mania             | 10 & $\frac{1}{2}$ years | Gastric Fever                   | Good health                             | Tendring       |
| 33  | F.   | 51   | Mania             | 10 & $\frac{1}{2}$ years | Cancer                          | Good health                             | West Ham       |
| 34  | F.   | 78   | Dementia          | 46 months                | Natural decay                   | Very weak                               | County         |
| 35  | F.   | 51   | Mania             | 9 days                   | Maniacal exhaustion             | In a sinking state                      | Maldon         |
| 36  | M.   | 57   | Melancholia       | 11 months                | Erysipelas                      | Feeble state                            | Tendring       |
| 37  | F.   | 75   | Mania             | 5 days                   | Natural decay and exhaustion    | Sinking                                 | Dunmow         |
| 38  | M.   | 41   | Melancholia       | 6 & $\frac{1}{2}$ months | Marasmus                        | Average health                          | Witham         |
| 39  | F.   | 45   | Mania             | 10 & $\frac{1}{2}$ years | Typhoid Fever                   | Good health                             | Romford        |

## OBITUARY—CONTINUED.

| No. | Sex. | Age. | Form of<br>Insanity, | In the<br>Asylum | Cause of Death                        | State on Admission,                             | Union.            |
|-----|------|------|----------------------|------------------|---------------------------------------|---|-------------------|
| 40  | M.   | 39   | Mania                | 14 months        | Generalparaly-<br>sis                 | Paralytic                                       | Rochford          |
| 41  | F.   | 36   | Mania                | 9 months         | Generalparaly-<br>sis                 | Very helpless                                   | West Ham          |
| 42  | F.   | 67   | Melancholia          | 39 months        | Paralysis                             | Very weak                                       | Epping            |
| 43  | M.   | 53   | Amentia              | 3 months         | Exhaustion<br>from diarrhoea          | Very feeble                                     | Saffron<br>Walden |
| 44  | M.   | 18   | Amentia              | 2 months         | Epilepsy                              | Very weak & subject<br>to fits                  | Rochford          |
| 45  | F.   | 37   | Dementia             | 8 years          | Disease of liver                      | Good health                                     | Epping            |
| 46  | F.   | 78   | Mania                | 27 days          | Natural decay                         | In a sinking state                              | Maldon            |
| 47  | F.   | 36   | Dementia             | 10 months        | Generalparaly-<br>sis                 | Quite helpless from<br>paralysis                | Rochford          |
| 48  | M.   | 36   | Mania                | 44 months        | Generalparaly-<br>sis                 | Paralytic                                       | Sudbury           |
| 49  | F.   | 62   | Mania                | 4 months         | Typhoid fever                         | Feeble health                                   | Chelmsford        |
| 50  | M.   | 48   | Melancholia          | 7 years          | Choleraic<br>diarrhoea                | Good health                                     | Halstead          |
| 51  | M.   | 56   | Amentia              | 9 months         | Marasmus                              | Feeble health                                   | Tendring          |
| 52  | F.   | 30   | Mania                | 10 years         | Epilepsy                              | Good health                                     | Witham            |
| 53  | F.   | 39   | Melancholia          | 9 years          | Phthisis                              | Good health                                     | County            |
| 54  | F.   | 51   | Melancholia          | 2 years          | Marasmus                              | Feeble health                                   | Orsett            |
| 55  | F.   | 55   | Dementia             | 6 years          | Paralysis                             | Feeble health                                   | Maldon            |
| 56  | M.   | 32   | Dementia             | 3 years          | Phthisis                              | Feeble health                                   | West Ham          |
| 57  | M.   | 27   | Dementia             | 7 months         | Epilepsy                              | Subject to fits for<br>many years               | Witham            |
| 58  | F.   | 16   | Amentia              | 16 days          | Exhaustion                            | In a very exhausted<br>state                    | Chelmsford        |
| 59  | F.   | 45   | Melancholia          | 24 weeks         | Exhaustion<br>from refusal<br>of food | Feeble health                                   | Risbridge         |
| 60  | M.   | 43   | Mania                | 10 months        | Generalparaly-<br>sis                 | Feeble health ; paraly-<br>tic symptoms         | Maldon            |
| 61  | F.   | 66   | Dementia             | 9 months         | Paralysis                             | Feeble health and<br>symptoms of paraly-<br>sis | Risbridge         |
| 62  | F.   | 50   | Dementia             | 11 years         | Epilepsy                              | Subject to fits                                 | Lexden            |
| 63  | F.   | 53   | Dementia             | 35 days          | Generalparaly-<br>sis                 | Perfectly hopeless                              | Dunmow            |
| 64  | F.   | 33   | Melancholia          | 2 months         | Abscess of throat                     | Feeble health                                   | Dunmow            |
| 65  | M.   | 46   | Dementia             | 10 months        | Generalparaly-<br>sis                 | Paralytic and helpless                          | Romford           |

TABLE, No. 14.

## CONDITION OF PATIENTS REMAINING IN THE ASYLUM.

|                             | Males. | Females. | Total. |
|-----------------------------|--------|----------|--------|
| Curable and Doubtful ... .. | 22     | 37       | 59     |
| Incurable ... ..            | 210    | 281      | 491    |

## COMPLICATED WITH EPILEPSY, PARALYSIS, AND CHOREA.

|                   |    |    |    |
|-------------------|----|----|----|
| Epileptics ... .. | 50 | 40 | 90 |
| Paralytics ... .. | 27 | 13 | 40 |
| Choreic ... ..    | 3  | 1  | 4  |

## EMPLOYMENT.

|   |     |     |     |
|---|-----|-----|-----|
| Capable of being Employed... ..                 | 150 | 183 | 333 |
| Incapable ... ..                                | 82  | 135 | 217 |
| Able to attend Chapel ... ..                    | 138 | 148 | 286 |
| Total Number in the Asylum, December 25th, 1864 | 232 | 318 | 550 |

TABLE, No. 15.  
SHOWING THE NUMBER OF PATIENTS CHARGEABLE TO  
EACH UNION,

| UNIONS.             | In<br>December,<br>1863 |     | Received<br>since. |    | Discharged,<br>Removed,<br>&c. |    | Died. |    | Remaining<br>25th Dec.<br>1864. |     | Total Males<br>and Females |
|---------------------|-------------------------|-----|--------------------|----|--------------------------------|----|-------|----|---------------------------------|-----|----------------------------|
|                     | M.                      | F.  | M.                 | F. | M.                             | F. | M.    | F. | M.                              | F.  | total                      |
| Braintree ...       | 9                       | 15  | 4                  | 3  | 1                              | 2  | 0     | 0  | 12                              | 16  | 28                         |
| Bishop Stortford... | 5                       | 4   | 1                  | 1  | 0                              | 0  | 0     | 0  | 6                               | 5   | 11                         |
| Billericay ...      | 8                       | 8   | 2                  | 3  | 1                              | 1  | 1     | 1  | 8                               | 9   | 17                         |
| Chelmsford ...      | 22                      | 19  | 9                  | 9  | 5                              | 2  | 3     | 4  | 23                              | 22  | 45                         |
| Colchester ...      | 11                      | 18  | 1                  | 3  | 1                              | 1  | 0     | 2  | 11                              | 18  | 29                         |
| County ...          | 8                       | 6   | 2                  | 0  | 4                              | 0  | 0     | 3  | 6                               | 3   | 9                          |
| Dunmow ...          | 7                       | 21  | 4                  | 9  | 1                              | 3  | 1     | 3  | 9                               | 24  | 33                         |
| Edmonton ...        | 3                       | 6   | 1                  | 1  | 0                              | 0  | 0     | 1  | 4                               | 6   | 10                         |
| Epping ...          | 6                       | 17  | 5                  | 2  | 1                              | 3  | 1     | 2  | 9                               | 14  | 23                         |
| Halstead ...        | 4                       | 8   | 2                  | 5  | 1                              | 3  | 1     | 1  | 4                               | 9   | 13                         |
| Lexden and Winstree | 16                      | 17  | 2                  | 5  | 2                              | 3  | 1     | 1  | 15                              | 18  | 33                         |
| Maldon ...          | 11                      | 14  | 3                  | 6  | 1                              | 2  | 3     | 4  | 10                              | 14  | 24                         |
| Ongar ...           | 4                       | 6   | 1                  | 6  | 1                              | 4  | 0     | 0  | 4                               | 8   | 12                         |
| Orsett ...          | 8                       | 7   | 1                  | 1  | 0                              | 0  | 0     | 1  | 9                               | 7   | 16                         |
| Risbridge ...       | 0                       | 5   | 0                  | 2  | 0                              | 1  | 0     | 3  | 0                               | 3   | 3                          |
| Rochford ...        | 11                      | 19  | 4                  | 3  | 0                              | 4  | 2     | 4  | 13                              | 14  | 27                         |
| Romford ...         | 17                      | 21  | 7                  | 4  | 5                              | 1  | 2     | 2  | 17                              | 22  | 39                         |
| Royston ...         | 0                       | 0   | 0                  | 1  | 0                              | 1  | 0     | 0  | 0                               | 0   | 0                          |
| Sudbury ...         | 4                       | 5   | 2                  | 0  | 1                              | 0  | 1     | 0  | 4                               | 5   | 9                          |
| Saffron Walden ...  | 10                      | 20  | 2                  | 3  | 1                              | 1  | 1     | 1  | 10                              | 21  | 31                         |
| Tendring ...        | 15                      | 17  | 5                  | 8  | 1                              | 1  | 6     | 1  | 13                              | 23  | 36                         |
| West Ham ...        | 20                      | 42  | 17                 | 12 | 5                              | 9  | 1     | 3  | 31                              | 42  | 73                         |
| Witham ...          | 15                      | 12  | 3                  | 5  | 1                              | 1  | 3     | 1  | 14                              | 15  | 29                         |
| Total ...           | 214                     | 307 | 78                 | 92 | 33                             | 43 | 27    | 38 | 232                             | 318 | 550                        |

TABLE, No. 16.

## WORK DONE BY FEMALE PATIENTS DURING THE YEAR 1864

| Articles.              | Made. | Rpd.  | Articles.              | Made. | Rpd. |
|------------------------|-------|-------|------------------------|-------|------|
| Night Caps ... ..      | 2     | 2052  | Carpets bound ...      | 64    |      |
| Day Caps ... ..        | 216   | 2043  | Bonnets trimmed and    |       |      |
| Dresses ... ..         | 539   | 2369  | repaired ... ..        | 200   | 9    |
| Petticoats ... ..      | 331   | 4526  | Pillows rcmade ...     | 7     |      |
| Chemises ... ..        | 535   | 5784  | Mens' Linen Smocks...  | 4     |      |
| Aprons ... ..          | 196   | 3822  | Window Blinds ...      | 14    |      |
| Bed Gowns ... ..       | 32    | 2357  | Shrouds ... ..         | 88    |      |
| Handkerchiefs ...      | 814   | 1467  | Iron Holders ...       | 65    |      |
| Shirts ... ..          | 565   | 3789  | Knitted Hose... ..     | 7     |      |
| Flannel Waistcoats     | 95    | 635   | „ Valences... ..       | 1     |      |
| „ Drawers ... ..       | 41    | 325   | „ Table Covers         | 22    |      |
| Sheets ... ..          | 344   | 2772  | „ Curtains ... ..      | 51    | 27   |
| Towels ... ..          | 485   | 17    | Dusters ... ..         | 1691  |      |
| Hose ... ..            |       | 13861 | Hoods ... ..           | 48    |      |
| Blankets ... ..        |       | 644   | Dresses turned ...     | 22    |      |
| Mattress Cases ...     | 24    | 27    | Mattresses Upholstered | 38    |      |
| Rugs ... ..            |       | 1133  | Sofa Covers ... ..     | 38    | 201  |
| Pillow Cases and Ticks | 306   | 2718  | Moreen Curtains        | 8     |      |
| Stays ... ..           | 84    | 268   | Ticking Drawers ...    | 2     | 1    |
| Pinafores ... ..       | 221   | 802   | Ironing Sheets ..      | 1     |      |
| Table Cloths ... ..    | 66    | 46    | Ticking Dresses ...    | 8     |      |
|                        |       |       | Muslin Blinds ...      | 7     |      |
|                        |       |       | Chair Covers ... ..    | 9     | 11   |

## WORK DONE FOR BENEVOLENT FUND.

|                   | Made. | Rpd. |                   | Made. | Rpd. |
|-------------------|-------|------|-------------------|-------|------|
| Drawers ... ..    | 3     |      | Chemises ... ..   | 16    |      |
| Shirts ... ..     | 9     |      | Petticoats ... .. | 3     |      |
| Night Dresses ... | 4     |      | Cushions ... ..   | 2     |      |

## WORK DONE BY MALE PATIENTS.

| Work by Tailors— | Made. | Rpd. | Work by Shoemakers—  | Made. | Rpd. |
|------------------|-------|------|----------------------|-------|------|
| Jackets ... ..   | 18    | 578  | Male Leather Boots & |       |      |
| Vests ... ..     | 20    | 323  | Shoes ... ..         | 34    |      |
| Trousers ... ..  | 107   | 1357 | Female ditto ... ..  | 107   |      |
|                  |       |      | Male Cloth and Can-  |       |      |
|                  |       |      | vass Boots ... ..    | 11½   |      |
|                  |       |      | Female ditto ... ..  | 47    |      |
|                  |       |      | Boots and Shoes ...  |       | 1210 |

## CHAPLAIN'S REPORT.

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### TO THE COMMITTEE OF VISITING JUSTICES OF THE ESSEX LUNATIC ASYLUM.

GENTLEMEN,

All the public services of the Church have been conducted as usual, and, as I trust, have been the means of conveying comfort to many. I have also been enabled to continue through the year, the additional sermon every third week, which I commenced as a kind of voluntary service two years ago. The result has been so gratifying, not only as affording pleasure to many of our congregation, but also in deepening their religious convictions, that I hope, if spared, to carry it on still, through the coming year. The searcher of hearts alone can tell whether all the professions that are made to me from time to time, of blessings received under "the preaching of the word," are sincere, but I have every reason to hope that many here are worshippers, such as "the Father seeketh," who "worship in spirit and in truth." And when I remember His promise that the "word shall not return unto Him void," I cannot doubt that it will have here, as it has every where, the power which the Psalmist attributes to it, of "converting the soul, and making wise the simple, of "enlightening the eyes, and rejoicing the heart." I will record

one or two cases that have been brought under my notice during the past year. A man was admitted into the Asylum, who was suffering from Melancholia, and through God's blessing upon the means that were employed for his recovery, he was restored to a sound mind. A few days before his return home, he was expressing his thankfulness for his restoration to reason, and gave me some account of his past experiences. He had not at any time quite given himself up to despair, but still his agony had been very dreadful. He told me, however, that the religious services here had often strengthened and consoled him, and had been the means of keeping alive that trust in God's mercy, which, though often obscured had never altogether failed him.

There are times when the Insane seem almost as if they were possessed by an evil spirit, whose influence over them they have no power to resist. At such times they give expressions to words of blasphemy, from which in their calmer moments they would recoil with horror. Such Patients may be, and in some instances, I am assured, really are men of a devout and religious character. They do not always remember afterwards what they have said or done, but feel as if they had been in a horrible dream, and have only a consciousness that they have been raving. At other times they remember distinctly, and are filled with penitential fear when they come to themselves. I will just refer to a case of this kind that occurred recently. The man daily reads his Bible, and is, I believe, habitually sincere and devout; but under an attack of Mania, such as that spoken of above, I heard him raving incoherently, and using expressions, such as never passed his lips at any other times. All that he could recollect, when the attack was over, was that he had been, as he

expressed it, "like a raving lion; like a wolf; like a mad beast deprived of reason;" after one of these attacks, however, he had a perfect recollection of many of his words and acts, and was deeply depressed in mind, fearing that he had sinned past forgiveness. This feeling happily past away, and left him penitent and sorrowful for all his conscious and unconscious evil words; but no longer in despair. He has now recovered to a great extent, his old trust in the infinite mercy of God through Christ, and I pray that this trust may never finally fail him.

There is another man subject to more frequent attacks of this kind. I have seen the tears roll down his cheeks at the recollection of what he had said or done, and I have heard him express the sincerest sorrow, not only for the more recent evil, but for all the sinfulness of his past life. He is a man getting on in years, but he expresses himself like a penitent child, in the following quaint and singular fashion. "I have been a bad boy, Sir, a very bad boy all my life, but thank God I am sorry for it, and I hope He will forgive me. I often feel like as if I could not help crying to think what a bad boy I have been. I hope Jesus Christ died for me, and will have mercy on me;" with much more to the same effect. This man often expresses his gratitude for the word of truth, that has been brought home, by God's good spirit, to his conscience: and at such times he prays for repentance, and pardon, and grace; nor is his by any means a singular case. Scarcely a week of my life passes, but I hear sometimes one, and sometimes another, expressing contrition for sin, and thankfulness for the gracious words of the Gospel. I dare not cast a doubt on their sincerity. Some may speak such words only as a hypocritical pretence; but not all, surely not all.

It is not to be supposed that even the best of the Patients are equally at all times disposed to receive religious consolation or instruction. Sometimes they are totally unfitted for any thing of the kind. There is no class of people who vary so greatly. At one time the mind seems clear, and the feelings tender and impressible; then comes a period of darkness which affects equally the head and the heart. I visited one person who for many months was quite incapable of understanding anything, or else indifferent to everything of a religious nature. A change however came over her, and at last she listened very attentively to the reading of God's word, and joined fervently in prayer. There was another case of a man full of delusions; but when he lay sick on his bed, he listened eagerly to the Gospel of Jesus Christ. When he recovered to some extent, the old delusions re-asserted their power, and he became quite unable to receive any impressions of a religious nature. One man who had once delighted to join in our public worship, had a long period of mental darkness. I don't think he spoke one rational sentence for many months. He uttered continually the strangest jumble of incoherent sentences; recollections of things he had heard or read years ago, but joined together without reasonable connection or meaning; then a dull stupor came over him. He recognized no one. Whilst he lay dying, I approached his side to pray; he could not speak, but he evidently knew what was said, and folded his hands, and tried to say, *Amen*, and soon after died. I desire to thank God for such comfort as this.

I was called in one Sunday Evening after our Chapel Service to see a man who was thought to be dying. He said to me, he could not die until I had brought some one from India to see him. With great difficulty his thoughts were at length di-

rected into another channel, and then he told me, he felt himself a great sinner, and began to pray, "Lord Jesus give me repentance." The man was and is a Roman Catholic, but in his soul's deepest need, all his prayer was to the Lord Jesus. He partially recovered, but his mind became less clear, and he has never since spoken to me so rationally, as he did that night, but he has frequently followed my words during prayer at his bed side, and has more than once thanked me for ministering to him. I might adduce a great many similar cases of a more or less interesting character, but I forbear, and will add only this, as an illustration of the fact that the power of receiving religious impressions amongst the Insane, is often acute, but the nature of their disease prevents its being constant. It appears and disappears, and appears again from time to time, in a most variable manner. The man was ill in bed and wished me to visit him. I had often seen him during his illness, but he had taken not the slightest notice. At his request I read to him, and prayed with him, and after some conversation on his state, I said to him, "I hope you always remember to pray for yourself." "Yes, Sir," he replied, "I do when the fits are off, I pray night and morning, but when they are on, I don't know what I am doing." I have seen the man often since that, but generally he is, as he was before, dull and listless. It is only occasionally that I find him capable of understanding, or feeling his need of the mercy and grace of God. Not only do the public services of the Church deserve our notice, but there are many other influences at work which have a remedial effect. I may instance here our weekly meetings on Wednesday Evening for the practice of Psalmody. It is impossible to be present at these

meetings without coming to the conclusion that they afford great pleasure, and a kind of pleasure which is calculated to have a salutary effect on the minds of Patients. And in speaking on this subject I beg to thank you for the Harmonium which you so kindly ordered to be purchased for the Chapel, and also for appointing an organist to play it. In former years the music was conducted by the Assistant Storekeeper, but his removal to another sphere of duty necessitated a change, and I am thankful to be able to report that the change is a very satisfactory one. The singing has been very greatly improved, and there is altogether more life and spirit imparted to this important part of our public worship. My best thanks are due to all those who lend me their cheerful co-operation in this and all my other work.

I think enough has been said to prove that the ministration of God's word in this Asylum is not fruitless, but that it often produces very blessed results. To God be all the praise.

I have the honor to remain,

GENTLEMEN,

Your obedient Servant,

JOSEPH SOWTER,

CHAPLAIN.

*Warley,*

*December 31st, 1864.*

## TREASURER'S

## ACCOUNT OF RECEIPTS AND PAYMENTS BY WILLIAM

Lunatic Asylum

## MAINTENANCE

## RECEIPTS.

|   |     |     |     |       |    |                 |
|---|-----|-----|-----|-------|----|-----------------|
| 1863.                                     | £   | s.  | D.  | £     | s. | D.              |
| Dec. 25th. Balance of last Account ... .. | ... | ... | ... | 2,195 | 5  | 7 $\frac{1}{2}$ |

From Unions contributing to the Asylum during  
the Year, 1864, viz:—

|                        |     |     |      |    |    |
|------------------------|-----|-----|------|----|----|
| Braintree              | ... | ... | 636  | 3  | 7  |
| Bishop Stortford       | ... | ... | 260  | 5  | 0  |
| Billericay             | ... | ... | 401  | 18 | 2  |
| Chelmsford             | ... | ... | 1016 | 5  | 11 |
| Colchester...          | ... | ... | 715  | 10 | 9  |
| Dunmow                 | ... | ... | 756  | 13 | 2  |
| Edmonton               | ... | ... | 222  | 14 | 6  |
| Epping                 | ... | ... | 609  | 16 | 4  |
| Halstead               | ... | ... | 328  | 11 | 8  |
| Lexden and Winstree... | ... | ... | 859  | 2  | 6  |
| Maldon                 | ... | ... | 610  | 0  | 3  |
| Ongar                  | ... | ... | 280  | 9  | 7  |
| Orsett                 | ... | ... | 385  | 3  | 8  |
| Risbridge              | ... | ... | 111  | 12 | 8  |
| Rochford               | ... | ... | 700  | 16 | 4  |
| Romford                | ... | ... | 962  | 19 | 10 |
| Royston...             | ... | ... | 2    | 18 | 4  |
| Sudbury                | ... | ... | 240  | 0  | 6  |
| Saffron Walden         | ... | ... | 750  | 14 | 6  |
| Tendring               | ... | ... | 763  | 10 | 6  |
| West Ham               | ... | ... | 1597 | 17 | 1  |
| Witham                 | ... | ... | 701  | 3  | 5  |

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12,914 8 3

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Carried forward ... .. £12,914 8 3 £2,195 5 7

# ACCOUNTS, &c.

MICHAEL TUFNELL, ESQUIRE, Treasurer of the Essex County

during the year 1864.

## ACCOUNT.

### PAYMENTS.

| SALARIES AND WAGES. |     |     |     | £     | s. | D. | £     | s. | D. |
|---------------------|-----|-----|-----|-------|----|----|-------|----|----|
| Clerk to Visitors   | ... | ... | ... | 65    | 0  | 0  |       |    |    |
| Officers            | ... | ... | ... | 1240  | 10 | 0  |       |    |    |
| Male Attendants     | ... | ... | ... | 572   | 12 | 10 |       |    |    |
| Female ditto        | ... | ... | ... | 488   | 0  | 0  |       |    |    |
| Male Servants       | ... | ... | ... | 202   | 12 | 8  |       |    |    |
| Female ditto        | ... | ... | ... | 54    | 18 | 2  |       |    |    |
|                     |     |     |     | <hr/> |    |    | 2,623 | 13 | 8  |

### PROVISIONS.

|   |                                      |        |     |      |    |   |
|---|--------------------------------------|--------|-----|------|----|---|
| Arrowroot and Sago, 756 lbs.            | ...                                  | ...    | 14  | 13   | 0  |   |
| Beer, Malt, Hops, and {<br>Brewer ... { | 197 qrs. Malt }<br>1,770 lbs. Hops } | 816    | 18  | 4    |    |   |
| Butter, 11,699½ lbs.                    | ... ..                               | 471    | 10  | 8½   |    |   |
| Bacon, 234¾ lbs.                        | ... ..                               | 8      | 14  | 5    |    |   |
| Barley and Oatmeal, 952 lbs.            | ...                                  | 7      | 6   | 10½  |    |   |
| Cheese, 8,907 lbs.                      | ... ..                               | 241    | 13  | 11½  |    |   |
| Coffee, 21 lbs.                         | ... ..                               | 1      | 6   | 10   |    |   |
| Currants and Raisins, 3,144 lbs.        | ... ..                               | 48     | 19  | 4    |    |   |
| Eggs, 12,392                            | ... ..                               | 53     | 12  | 0    |    |   |
| Fish...                                 | ... ..                               | 26     | 0   | 0    |    |   |
| Flour, 660 sacks                        | ... ..                               | 1012   | 6   | 0    |    |   |
| Fruit                                   | ... ..                               | 14     | 9   | 6    |    |   |
| Meat ... {                              | Boned Beef, 35,329 lbs.              | }      | ... | 2572 | 17 | 9 |
|   | Roasting ditto, 13,421 lbs.          |        |     |      |    |   |
|   | Mutton, 31,208 lbs.                  |        |     |      |    |   |
|   | Pork (Farm), 9,737 lbs.              |        |     |      |    |   |
|   | Shins, 11,128 lbs.                   |        |     |      |    |   |
| Milk, 9,284 gallons                     | ... ..                               | 386    | 16  | 8    |    |   |
| Molasses, 1,049 lbs.                    | ... ..                               | 8      | 18  | 7½   |    |   |
| Peas, 56 bushels                        | ... ..                               | 19     | 3   | 0    |    |   |
| Potatoes, 263 bushels                   | } ...                                | 204    | 2   | 11   |    |   |
| „ 1,329¾ „ (Farm)                       |                                      |        |     |      |    |   |
| Carried forward                         | ...                                  | £5,909 | 9   | 11   |    |   |

## RECEIPTS—continued.

|   | £      | s. | D. | £       | s. | D. |
|---|--------|----|----|---------|----|----|
| Brought forward ... ..                  | 12,914 | 8  | 3  | 2,195   | 5  | 7½ |
| From Unions, &c., not contributing—     |        |    |    |         |    |    |
| Halifax ... ..                          | 8      | 0  | 4  |         |    |    |
| St. Pancras ... ..                      | 4      | 14 | 2  |         |    |    |
|   |        |    |    | 12      | 14 | 6  |
| From County Treasurer ... ..            | 299    | 17 | 8  |         |    |    |
|   |        |    |    | 13,227  | 0  | 5  |
| Deduct                                  |        |    |    |         |    |    |
| Irrecoverable Arrears... ..             | 38     | 6  | 6  |         |    |    |
|   |        |    |    | 13,188  | 13 | 11 |
| From Unions, &c., for Funeral Expenses— |        |    |    |         |    |    |
| Billericay ... ..                       | 1      | 16 | 0  |         |    |    |
| Chelmsford ... ..                       | 6      | 6  | 0  |         |    |    |
| Colechester ... ..                      | 1      | 16 | 0  |         |    |    |
| County ... ..                           | 2      | 14 | 0  |         |    |    |
| Dunmow ... ..                           | 3      | 12 | 0  |         |    |    |
| Edmonton ... ..                         | 0      | 18 | 0  |         |    |    |
| Epping ... ..                           | 2      | 14 | 0  |         |    |    |
| Halstead ... ..                         | 1      | 16 | 0  |         |    |    |
| Lexden and Winstree ... ..              | 0      | 18 | 0  |         |    |    |
| Maldon ... ..                           | 5      | 8  | 0  |         |    |    |
| Orsett ... ..                           | 0      | 18 | 0  |         |    |    |
| Risbridge ... ..                        | 2      | 14 | 0  |         |    |    |
| Carried forward ..                      | £31    | 10 | 0  | £15,383 | 19 | 6½ |

## PAYMENTS—continued.

|                     | £     | s. | D. | £     | s. | D. |
|---------------------|-------|----|----|-------|----|----|
| Brought forward ... | 5,909 | 9  | 11 | 2,623 | 13 | 8  |

## PROVISIONS—continued.

|  |     |    |    |  |       |       |
|--|-----|----|----|--|-------|-------|
| Poultry ...  | 15  | 18 | 3  |  |       |       |
| Rice, 1148 lbs. ...  | 9   | 2  | 11 |  |       |       |
| Sugar, 15,232 lbs. ...   | 285 | 9  | 3  |  |       |       |
| Salt, Spices, &c. ...  | 28  | 14 | 4  |  |       |       |
| Tobacco and Snuff { Tobacco, 364 lbs. }<br>{ Snuff, 83 lbs.        } | 80  | 2  | 6  |  |       |       |
| Tea, 3,374 lbs ...   | 457 | 18 | 6  |  |       |       |
| Vegetables (Farm) ...  | 287 | 16 | 2  |  |       |       |
|  |     |    |    |  | 7,074 | 11 10 |

## FUEL AND LIGHTING.

|   |     |    |    |  |       |       |
|---|-----|----|----|--|-------|-------|
| Coals & Coke { Wallsend, 400 tons }<br>{ Steam, 585 „ }<br>{ Skreennings 135 „ }<br>{ Coke, 3 chaldrons } | 924 | 1  | 2  |  |       |       |
| Candles, Stores 39 doz. 3 lbs., Comp. 5 doz.  | 12  | 15 | 9½ |  |       |       |
| Gas, 1,305,300 feet ...   | 305 | 5  | 10 |  |       |       |
| Oil and Cotton ...  | 11  | 10 | 5  |  |       |       |
| Faggots ...   | 19  | 19 | 6  |  |       |       |
|   |     |    |    |  | 1,273 | 12 8½ |

## WASHING.

|   |     |    |   |  |     |       |
|---|-----|----|---|--|-----|-------|
| Soap, Yellow, 9,004 lbs....                                   | 121 | 5  | 7 |  |     |       |
| „ Soft, 26 firkins ...  | 18  | 16 | 0 |  |     |       |
| Soda, 2,519 lbs. ...  | 7   | 0  | 6 |  |     |       |
| Starch and Blue { Starch, 980 lbs. }<br>{ Blue, 84 lbs.     } | 19  | 15 | 2 |  |     |       |
| Washerwomen ...   | 80  | 12 | 8 |  |     |       |
| Washing Machine ...   | 30  | 5  | 0 |  |     |       |
|   |     |    |   |  | 277 | 14 11 |

## NECESSARIES.

|                                 |    |   |    |  |         |      |
|---------------------------------|----|---|----|--|---------|------|
| Brushes, Mops, &c ...           | 33 | 1 | 11 |  |         |      |
| Blacking, Black Lead, &c. ...   | 18 | 6 | 9  |  |         |      |
| Combs and Hair Brushes ...      | 19 | 4 | 0  |  |         |      |
| House Flannel, Dusters, &c. ... | 31 | 1 | 0  |  |         |      |
| Casks ...                       | 21 | 0 | 0  |  |         |      |
|                                 |    |   |    |  | 122     | 13 8 |
| Carried forward ...             |    |   |    |  | £11,372 | 6 9½ |

## RECEIPTS—continued.

|                 |     |     | £  | s. | D. | £      | s. | D. |
|-----------------|-----|-----|----|----|----|--------|----|----|
| Brought forward | ... | ... | 31 | 10 | 0  | 15,383 | 19 | 6½ |

## From Unions, &amp;c., for Funeral Expenses—continued.

|                |     |     |     |     |   |    |   |         |
|----------------|-----|-----|-----|-----|---|----|---|---------|
| Rochford       | ... | ... | ... | ..  | 5 | 8  | 0 |         |
| Romford        | ... | ... | ... | ... | 2 | 14 | 0 |         |
| Sudbury        | ... | ... | ... | ... | 0 | 18 | 0 |         |
| Saffron Walden | ... | ... | ... | ... | 1 | 16 | 0 |         |
| Tendring       | ... | ... | ... | ... | 5 | 8  | 0 |         |
| West Ham       | ... | ... | ... | ... | 3 | 12 | 0 |         |
| Witham         | ... | ... | ... | ... | 3 | 12 | 0 |         |
| <hr/>          |     |     |     |     |   |    |   | 54 18 0 |

## PROVISIONS.

|           |     |     |     |     |     |     |   |    |   |
|-----------|-----|-----|-----|-----|-----|-----|---|----|---|
| Luncheons | ... | ... | ... | ... | ... | ... | 4 | 11 | 0 |
|-----------|-----|-----|-----|-----|-----|-----|---|----|---|

## CLOTHING.

|         |     |     |     |     |     |     |   |    |   |
|---------|-----|-----|-----|-----|-----|-----|---|----|---|
| Clothes | ... | ... | ... | ... | ... | ... | 3 | 12 | 0 |
|---------|-----|-----|-----|-----|-----|-----|---|----|---|

## GARDEN AND FARM.

|                                    |     |     |     |     |     |     |    |     |     |
|------------------------------------|-----|-----|-----|-----|-----|-----|----|-----|-----|
| Pigs                               | ... | ... | ... | ... | ... | 10  | 16 | 0   |     |
| Hay                                | ... | ... | ... | ... | ... | 16  | 0  | 0   |     |
| Value of Pork supplied to House... | ... | ... | ... | ... | ... | 283 | 19 | 11  |     |
| „ Potatoes                         | „   | ... | ... | ... | ... | 177 | 16 | 11  |     |
| „ Other Vegetables                 | „   | ... | ... | ... | ... | 287 | 16 | 2   |     |
| <hr/>                              |     |     |     |     |     |     |    | 776 | 9 0 |

## MISCELLANEOUS.

|            |     |     |     |     |     |    |    |    |      |
|------------|-----|-----|-----|-----|-----|----|----|----|------|
| Discount   | ... | ... | ... | ... | ... | 22 | 0  | 7  |      |
| Old Stores | ... | ... | ... | ... | ... | 2  | 18 | 6  |      |
| <hr/>      |     |     |     |     |     |    |    | 24 | 19 1 |

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Carried forward ... .. £16,248 8 7½

## PAYMENTS—continued.

|                        | £   | s.  | D.  | £      | s. | D. |
|------------------------|-----|-----|-----|--------|----|----|
| Brought forward ... .. | ... | ... | ... | 11,372 | 6  | 9½ |

## SURGERY AND DISPENSARY.

|                    |       |    |   |     |    |   |
|--------------------|-------|----|---|-----|----|---|
| Drugs ... ..       | 93    | 18 | 6 |     |    |   |
| Wine ... ..        | 98    | 8  | 0 |     |    |   |
| Spirits ... ..     | 60    | 6  | 0 |     |    |   |
| Instruments ... .. | 1     | 4  | 0 |     |    |   |
|                    | <hr/> |    |   | 253 | 16 | 6 |

## CLOTHING.

|                                      |       |    |     |       |   |     |
|--------------------------------------|-------|----|-----|-------|---|-----|
| Calico ... ..                        | 63    | 5  | 11  |       |   |     |
| Leather, &c. ... ..                  | 158   | 4  | 9   |       |   |     |
| Bonnets and Ribbon ... ..            | 25    | 12 | 8½  |       |   |     |
| Shawls ... ..                        | 16    | 19 | 0   |       |   |     |
| Hose, Female ... ..                  | 29    | 0  | 10½ |       |   |     |
| Handkerchiefs, Female ... ..         | 3     | 9  | 0   |       |   |     |
| Flannel ... ..                       | 77    | 5  | 0   |       |   |     |
| Striped Linen ... ..                 | 57    | 2  | 6   |       |   |     |
| Print and Linsey for Dresses... ..   | 226   | 2  | 9   |       |   |     |
| Jean for Petticoats and Stays ... .. | 11    | 14 | 6   |       |   |     |
| Check for Aprons ... ..              | 19    | 8  | 8   |       |   |     |
| Material for Caps ... ..             | 2     | 18 | 0   |       |   |     |
| Stays ... ..                         | 8     | 11 | 0   |       |   |     |
| Linsey for Petticoats ... ..         | 36    | 17 | 7   |       |   |     |
| Superintendent of Needlework ... ..  | 50    | 0  | 0   |       |   |     |
| Thread, Needles, &c. ... ..          | 84    | 15 | 0½  |       |   |     |
| Shoemaker ... ..                     | 54    | 12 | 0   |       |   |     |
| Tailor ... ..                        | 54    | 12 | 0   |       |   |     |
| Cloth, &c. ... ..                    | 62    | 3  | 1   |       |   |     |
| Clothing, Male ... ..                | 187   | 2  | 1   |       |   |     |
| Shirting ... ..                      | 117   | 10 | 2   |       |   |     |
| Hose, Male ... ..                    | 38    | 5  | 0   |       |   |     |
| Handkerchiefs, Male ... ..           | 10    | 10 | 0   |       |   |     |
| Hats ... ..                          | 9     | 3  | 4   |       |   |     |
| Braces ... ..                        | 4     | 19 | 0   |       |   |     |
|                                      | <hr/> |    |     | 1,410 | 3 | 11½ |

## FURNITURE AND BEDDING.

|                                |       |     |     |         |    |     |
|--------------------------------|-------|-----|-----|---------|----|-----|
| Crockery ... ..                | 32    | 19  | 5   |         |    |     |
| Ironmongery ... ..             | 41    | 4   | 6   |         |    |     |
| Matting and Carpet ... ..      | 86    | 10  | 3½  |         |    |     |
| Furniture... ..                | 43    | 14  | 6   |         |    |     |
| Towelling ... ..               | 22    | 7   | 0   |         |    |     |
| Sheeting ... ..                | 184   | 18  | 7½  |         |    |     |
| Bed Tick ... ..                | 22    | 11  | 4   |         |    |     |
| Strong Rugs ... ..             | 11    | 14  | 4½  |         |    |     |
| Diaper for Table Cloths ... .. | 19    | 0   | 5   |         |    |     |
| Material for Blinds... ..      | 1     | 10  | 0   |         |    |     |
| Counterpanes and Rugs... ..    | 14    | 7   | 6   |         |    |     |
|                                | <hr/> |     |     | 480     | 17 | 11½ |
| Carried forward ... ..         | ...   | ... | ... | £13,517 | 5  | 2½  |

## RECEIPTS--continued

|                 |     |     |     | £      | s. | D. |
|-----------------|-----|-----|-----|--------|----|----|
| Brought forward | ... | ... | ... | 16,248 | 8  | 7½ |

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|           |     |     |     |         |   |    |
|-----------|-----|-----|-----|---------|---|----|
| Total ... | ... | ... | ... | £16,248 | 8 | 7½ |
|-----------|-----|-----|-----|---------|---|----|

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## PAYMENTS—continued.

|   |     |     |     | £               | s.      | D.    |
|---|-----|-----|-----|-----------------|---------|-------|
| Brought forward   |     |     |     | ...             | 13,517  | 5 2½  |
| FUNERAL EXPENCES  | ... | ... | ... | ...             | 54      | 18 0  |
| GARDEN AND FARM.  |     |     |     |                 |         |       |
| Implements and Repairs  | ... | ... | ... | 28              | 11      | 11½   |
| Provender for Live Stock  | ... | ... | ... | 50              | 9       | 0     |
| Bailiff and Labourers   | ... | ... | ... | 101             | 19      | 0     |
| Seeds and Plants  | ... | ... | ... | 51              | 10      | 5     |
| Straw   | ... | ... | ... | 52              | 18      | 0     |
| Rates...  | ... | ... | ... | 14              | 4       | 3½    |
| Rent-Charge   | ... | ... | ... | 17              | 5       | 3     |
| Pigs  | ... | ... | ... | 9               | 5       | 0     |
| Manure  | ... | ... | ... | 8               | 13      | 2     |
| Sundries  | ... | ... | ... | 12              | 9       | 10½   |
|   |     |     |     | <hr/> 347 5 11½ |         |       |
| MISCELLANEOUS.  |     |     |     |                 |         |       |
| Advertisements  | ... | ... | ... | 11              | 6       | 0     |
| Books and Periodicals   | ... | ... | ... | 29              | 2       | 5     |
| Stationery, Printing, and Account Books   | ... | ... | ... | 56              | 11      | 8     |
| Postage and Carriage of Goods, &c.  | ... | ... | ... | 70              | 1       | 2     |
| Petty Disbursements   | ... | ... | ... | 107             | 15      | 9     |
| Harmonium   | ... | ... | ... | 25              | 0       | 0     |
| Rates and Taxes   | ... | ... | ... | 3               | 15      | 5     |
| Allowance to Discharged Patients on Trial<br>(16 and 17 Vict. cap. 97, sec. 79), and<br>expences of Removal | ... | ... | ... | 13              | 14      | 10    |
|   |     |     |     | <hr/> 317 7 3   |         |       |
| Balance   | ... | ... | ... | ...             | 2,011   | 12 2½ |
| Total   |     |     |     | ...             | £16,248 | 8 7½  |

BUILDING ACCOUNT

RECEIPTS.

|  | £   | s.  | d.    |
|--|-----|-----|-------|
| 1863. Dec. 25. To balance of last Account .....                                    | 447 | 2   | 8½    |
| 1864. To proportion of Expenses of Additions, Alterations, and Improvements, viz:— |     |     |       |
| County Treasurer .....   | 133 | 13  | 0     |
| Borough of Colchester .....  | 7   | 9   | 4     |
| "          Saffron Walden ..   | 2   | 2   | 3     |
| "          Maldon .....  | 1   | 13  | 3     |
|  | —   | 144 | 17 10 |

To proportion of Expenses of Ordinary Repairs, &c:—

|                              |     |     |      |
|------------------------------|-----|-----|------|
| County Treasurer.....        | 922 | 0   | 8    |
| Borough of Colchester .....  | 51  | 10  | 10   |
| "          Saffron Walden .. | 14  | 11  | 7    |
| "          Maldon .....      | 11  | 9   | 1    |
|                              | —   | 999 | 12 2 |

£1,591 12 8½

PAYMENTS.

£ s. d.

Additions, Alterations, and Improvements:—

|  |    |     |       |
|--|----|-----|-------|
| Ovens in Bake Office .....               | 75 | 0   | 0     |
| Fire Plug and Hose at New Buildings..... | 30 | 8   | 8     |
| Platform and Staircase at Laundry .....  | 34 | 0   | 0     |
| Shrubs and Plants .....                  | 5  | 9   | 2     |
|  | —  | 144 | 17 10 |

Ordinary Repairs, &c:—

|   |     |     |      |
|---|-----|-----|------|
| Bricks, Tiles, Lime, Cement, &c. ....                         | 42  | 14  | 7    |
| Carriage of Goods .....                                       | 7   | 0   | 5    |
| Bricklayer's wages .....                                      | 60  | 0   | 0    |
| Irenmongery, Taps, Locks, Tools, Nails, &c. ....              | 87  | 11  | 9    |
| Repairs to Laundry Boilers .....                              | 253 | 0   | 4    |
| "          Piping.....  | 28  | 3   | 11   |
| "          Laundry Copper .....                               | 18  | 12  | 3    |
| "          Brewhouse ditto ..                                 | 8   | 6   | 0    |
| Bellhanging .....   | 8   | 2   | 0    |
| Fire Guards .....   | 30  | 0   | 0    |
| Engineer's wages.....   | 80  | 0   | 0    |
| Painting and Papering Medical Superintendents Residence ..... | 73  | 12  | 4    |
| Plumbers' work, Glass and Glazing .....                       | 19  | 15  | 9    |
| Oils and Colours .....  | 40  | 2   | 6    |
| Painting and Papering, at Lodge .....                         | 13  | 10  | 0    |
| Timber .....  | 79  | 9   | 4    |
| Carpenters' wages .....                                       | 68  | 7   | 0    |
| Insurance .....   | 60  | 5   | 0    |
| Paper and Papering .....                                      | 4   | 15  | 2    |
| Ratcatcher.....   | 10  | 0   | 0    |
| Law charges .....   | 6   | 3   | 10   |
|   | —   | 999 | 12 2 |

Balance ..... 447 2 8½

£1,591 12 8½

# COUNTY OF ESSEX.

| <i>DR.</i>   |                    | <i>CR.</i>               |                    |
|--|--------------------|--------------------------|--------------------|
|  | £ s. d.            |                          | £ s. d.            |
| 1863. Dec. To Balance of Account ...   | 632 1 1            | 1864. Mar. 22nd. By Cash | ...                |
| 1864. Proportion of Bills for Additions, Alterations, and Improvements page 50 | 133 13 0           | Sept. 17th. "            | ...                |
| The like for Ordinary Repairs, &c. "   | 922 0 8            | Balance                  | ...                |
|  | <u>£1,687 14 9</u> |                          | <u>£1,687 14 9</u> |

# BOROUGH OF COLCHESTER.

|  | £ s. d.          |                         | £ s. d.          |
|--|------------------|-------------------------|------------------|
| 1863. Dec. To Balance of Account ...   | 482 10 10        | 1864. Mar. 4th. By Cash | ...              |
| 1864. Proportion of Bills for Additions, Alterations, and Improvements page 50 | 7 9 4            | May 14th. "             | ...              |
| The like for Ordinary Repairs, &c. "   | 51 10 10         | Nov. 22nd. "            | ...              |
|  | <u>£541 11 0</u> | Balance                 | ...              |
|  |                  |                         | <u>£541 11 0</u> |

# BOROUGH OF SAFFRON WALDEN.

|  | £ s. d.         |                           | £ s. d.         |
|--|-----------------|---------------------------|-----------------|
| 1863. Dec. To Balance of Account ...   | 136 9 5         | 1864. Sept. 21st. By Cash | ...             |
| 1864. Proportion of Bills for Additions, Alterations, and Improvements page 50 | 2 2 3           | Nov. 14th. "              | ...             |
| The like for Ordinary Repairs, &c. "   | 14 11 7         | "                         | ...             |
|  | <u>£153 3 3</u> | Balance                   | ...             |
|  |                 |                           | <u>£153 3 3</u> |

# BOROUGH OF MALDON.

DR.

|  | £    | s. | d. |
|--|------|----|----|
| 1863. Dec. To Balance of Account...  | 114  | 14 | 11 |
| 1864. Proportion of Bills for Additions, Alterations, and Improvements page 50 | 1    | 13 | 3  |
| The like for Ordinary Repairs, &c. "   | 11   | 9  | 1  |
|  | £127 | 17 | 3  |

|                           | CR. | £    | s. | d.   |
|---------------------------|-----|------|----|------|
| 1864. Feb. 26th, By Cash. | ... | ...  | 7  | 10 3 |
| June 21st. "              | ... | ...  | 99 | 7 7  |
| Aug. 9th. "               | ... | ...  | 7  | 17 1 |
| Balance ..                | ... | ...  | 13 | 2 4  |
|                           |     | £127 | 17 | 3    |

## BALANCE SHEET.

|  | £      | s. | d. |
|--|--------|----|----|
| 1864. Dec. Maintenance Account page 49 ... | 201    | 12 | 2½ |
| Building ditto page 50 ...                 | 447    | 2  | 8½ |
|  | £2,458 | 14 | 11 |

|  | £      | s.    | d.   |
|--|--------|-------|------|
| 1864. Cash at Messrs. Sparrow's Bank ... | ...    | 1,579 | 15 7 |
| Balance in hand of Steward and Clerk     | ...    | 25    | 8 10 |
| ARREARS:—                                |        |       |      |
| Epping Union ...                         | 145    | 4     | 11   |
| St. Pancras ...                          | 4      | 14    | 2    |
| County Treasurer page 51                 | 644    | 5     | 2    |
| Borough of Colchester ...                | 36     | 0     | 2    |
| " Saffron Walden "                       | 10     | 3     | 9    |
| " Maldon page 52                         | 13     | 2     | 4    |
|  | 853    | 10    | 6    |
|  | £2,458 | 14    | 11   |

(Approved.)

(Examined.)

CHARLES G. ROUND, CHAIRMAN.

NATHL. C. BARNARDISTON, } AUDITORS.  
JNO. GURNEY FRY, }

## SUMMARY.

| Heads of Expenditure.             | Expenditure |    |     | Average Cost per |     | Head per Week. |
|-----------------------------------|-------------|----|-----|------------------|-----|----------------|
|                                   | £           | s. | D.  | s.               | D.  |                |
| Salaries and Wages ... ..         | 2,623       | 13 | 8   | 1                | 10½ | 139,022        |
| Provisions (less receipts) ...    | 7,070       | 0  | 10  | 5                | 1   | 87,572         |
| Fuel and Lighting ... ..          | 1,273       | 12 | 8½  | 0                | 11  | 7,122          |
| Washing ... ..                    | 277         | 14 | 11  | 0                | 2¼  | 117,239        |
| Necessaries ... ..                | 122         | 13 | 8   | 0                | 1   | 47,004         |
| Surgery and Dispensary ...        | 253         | 16 | 6   | 0                | 2   | 150,848        |
| Clothing (less receipts)... ..    | 1,406       | 11 | 11½ | 1                | 0   | 123,202        |
| Furniture and Bedding ...         | 480         | 17 | 11½ | 0                | 4   | 121,922        |
| Miscellaneous (less receipts) ... | 292         | 8  | 2   | 0                | 2½  | 121,414        |
|                                   | 13,801      | 10 | 4½  | 9                | 11¼ | 37,917         |
| DEDUCT—                           |             |    |     |                  |     |                |
| Garden and Farm (less payments)   | 429         | 3  | 0½  | 0                | 3½  | 162,904        |
|                                   | £13,372     | 7  | 4   | 9                | 7½  | 69,370         |
|                                   |             |    |     |                  |     | 194,357        |

CHAS. RAYNER,  
STEWARD AND CLERK.

# FARMING ACCOUNT.

| Dr.        |                              |                  | Cr.                        |   |                    |
|------------|------------------------------|------------------|----------------------------|---|--------------------|
| 1863.      |                              | £ s. d.          | 1864.                      |   | £ s. d.            |
| Dec. 31st. | Value of Live Stock ...      | 185 6 0          | Dec. 31st.                 | Value of Vegetables, &c., supplied to House, viz:       |                    |
| "          | Dead Stock and Crops ...     | 223 8 0          | "                          | Rhubarb, Fruit, &c. ...                                 | 21 18 7½           |
| "          | Implements ...               | 60 0 0           | "                          | Herbs, Onions, &c. ...                                  | 18 6 2½            |
|            |                              | <u>468 14 0</u>  | "                          | Celery, Salad, &c. ...                                  | 18 3 10½           |
|            |                              |                  | "                          | Turnips ..  | 4 5 9              |
| 1864.      |                              |                  | "                          | Carrots, Parsnips, Beet-root, &c. ...                   | 47 1 10            |
| Dec. 31st. | Implements and Repairs ..    | 28 11 11½        | "                          | Peas and Beans ...                                      | 42 9 3¼            |
| "          | Provender for Live Stock ... | 50 9 0           | "                          | Cabbages and Brocoli ...                                | 135 10 7           |
| "          | Bailiff and Labourers ...    | 101 19 0         | "                          | 1,329¾ bushels of Potatoes                              | 177 16 11          |
| "          | Seeds and Plants ...         | 51 10 5          |                            |   | <u>465 13 1</u>    |
| "          | Straw ...                    | 52 18 0          |                            |   |                    |
| "          | Rates ...                    | 14 4 3½          |                            |   |                    |
| "          | Rent Charge ...              | 17 5 3           | "                          | 9,737 lbs of Pork supplied to House ..                  | 283 19 11          |
| "          | Pigs ...                     | 9 5 0            | "                          | Labor done by Man and Horses, in Carting Gravel, &c.... | 6 2 6              |
| "          | Manure ...                   | 8 13 2           | By Sale of Pigs ...        | 10 16 0   |                    |
| "          | Sundries ...                 | 12 9 10½         | "                          | Hay ...   | 16 0 0             |
|            |                              | <u>347 5 11½</u> |                            |   | <u>26 16 0</u>     |
|            |                              |                  | By value of Live Stock ... | 200 4 0   |                    |
|            | Balance in favor of Farm ... | 470 17 0½        | "                          | Dead Stock and Crops                                    | 249 1 6            |
|            |                              |                  | "                          | Implements ...  | 55 0 0             |
|            |                              |                  |                            |   | <u>504 5 6</u>     |
|            |                              |                  |                            |   | <u>£1,286 17 0</u> |

CHAS. RAYNER,  
STEWARD AND CLERK.

£1,286 17 0

## CONTRACT PRICES of the Principal Articles of Consumption.

| ARTICLES.                           | DURING THE QUARTER ENDING |                    |                      |                     |
|-------------------------------------|---------------------------|--------------------|----------------------|---------------------|
|                                     | 25th Mar.,<br>1864.       | 24th June<br>1864. | 29th Sept.,<br>1864. | 25th Dec.,<br>1864. |
|                                     | £ s. d.                   | £ s. d.            | £ s. d.              | £ s. d.             |
| Arrowroot ... .. Per Cwt. ...       | 4 4 0                     | 4 10 0             | 4 5 0                | 4 5 0               |
| Butter ... .. „ ...                 | 4 14 0                    | 4 10 0             | 3 18 0               | 5 6 0               |
| Coals, Wallsend ... Per Ton ..      | 1 2 10                    | 1 2 10             | 19 10                | 19 10               |
| „ Screenings ... .. „ ...           | 10 4                      | 10 4               | 9 4                  | 9 4                 |
| „ Inland Steam ... .. „ ...         | 14 11                     | 14 11              | 14 10                | 14 10               |
| Cheese ... .. Per Cwt. ...          | 2 19 0                    | 3 2 0              | 3 0 0                | 3 2 0               |
| Currants .. .. „ ...                | 1 12 0                    | 1 12 0             | 1 12 0               | 1 12 0              |
| Flour. . . . . Per Sack ...         | 1 12 0                    | 1 9 0              | 1 10 0               | 1 10 0              |
| Meat, Boned Beef per Stone of 14lbs | 7 0                       | 7 7                | 7 7                  | 6 8½                |
| „ Roasting ditto ... .. „ ...       | 7 7                       | 8 2                | 7 7                  | 7 7                 |
| „ Mutton ... .. „ ...               | 7 7                       | 8 2                | 8 0                  | 7 7                 |
| „ Legs and Shins ... .. „ ...       | 3 6                       | 3 6                | 2 6                  | 3                   |
| Milk ... .. Per Gallon...           | 10                        | 10                 | 10                   | 10                  |
| Malt ... .. Per Quarter             | 3 4 0                     | 3 4 0              | 3 4 0                | 3 3 0               |
| Raisins ... .. Per Cwt. ...         | 2 0 0                     | 1 16 0             | 1 16 0               | 1 18 0              |
| Sugar, Moist ... .. „ ...           | 2 0 0                     | 2 5 0              | 2 4 0                | 1 18 0              |
| Soap, Yellow ... .. „ {             | 1 10 6                    | 1 12 0             | 1 14 0               | 1 9 6               |
|                                     | 1 6 0                     |                    | 1 8 0                | 1 5 6               |
| „ Soft ... .. Per Firkin ...        | 15 0                      | 14 6               | 14 6                 | 14 0                |
| Starch ... .. Per Cwt. ...          | 1 19 0                    | 1 16 0             | 1 15 0               | 1 15 0              |
| Sago ... .. „ ...                   | 1 8 0                     | 1 5 0              | 1 5 0                | 1 5 0               |
| Snuff... .. Per lb. ...             | 3 10                      | 4 0                | 4 0                  | 4 0                 |
| Tobacco ... .. „ ...                | 3 6                       | 3 6                | 3 6                  | 3 6                 |

ESSEX LUNATIC ASYLUM.—DIETARY FOR THE PATIENTS.

| Days of the week. | BREAKFAST. |        |         |  | DINNER.       |       |      |      |          |              |                     |               |       |      |      |          | SUPPER.      |                     |         |        |     |       |        |     |
|-------------------|------------|--------|---------|--|---------------|-------|------|------|----------|--------------|---------------------|---------------|-------|------|------|----------|--------------|---------------------|---------|--------|-----|-------|--------|-----|
|                   | Male.      |        | Female. |  | Male.         |       |      |      |          |              | Female.             |               |       |      |      |          | Male.        |                     | Female. |        |     |       |        |     |
|                   | Bread      | Butter | Tea     |  | Uncooked Meat | Bread | Beer | Soup | Meat Pie | Plum Pudding | Potatoes            | Uncooked Meat | Bread | Beer | Soup | Meat Pie | Plum Pudding | Potatoes            | Bread   | Butter | Tea | Bread | Butter | Tea |
| SUNDAY ...        | 42         | 3½     | 7       |  | 34            | 26    | 3½   | 1½   | 12       | 16           | 48                  | 34            | 21    | 3½   | 1½   | 12       | 16           | 48                  | 42      | 3½     | 7   | 35    | 3½     | 1   |
| MONDAY ...        | 6          | ½      | 1       |  | 3             | 6     | ½    | 1½   |          |              |                     | 3             | 5     | ½    | 1½   |          |              |                     | 6       |        | 1   | 5     | ½      | 1   |
| TUESDAY ...       | 6          | ½      | 1       |  | 7             | 5     | ½    |      |          |              |                     | 7             | 4     | ½    |      |          |              | 12                  | 6       | ½      | 1   | 5     | ½      | 1   |
| WEDNESDAY ...     | 6          | ½      | 1       |  | 3             |       | ½    |      | 12       | {            | 8 oz. inclu. in pie | {             |       | ½    |      | 12       | {            | 8 oz. inclu. in pie | 6       | ½      | 1   | 5     | ½      | 1   |
| THURSDAY ...      | 6          | ½      | 1       |  | 7             | 5     | ½    |      |          | 16           |                     | 7             | 4     | ½    |      |          |              | 12                  | 6       | ½      | 1   | 5     | ½      | 1   |
| FRIDAY ...        | 6          | ½      | 1       |  |               |       | ½    |      |          |              |                     |               |       |      | ½    |          | 16           |                     | 6       | ½      | 1   | 5     | ½      | 1   |
| SATURDAY ...      | 6          | ½      | 1       |  | 7             | 5     | ½    |      |          |              | 12                  | 7             | 4     | ½    |      |          |              | 12                  | 6       | ½      | 1   | 5     | ½      | 1   |
| Total .....       | 42         | 3½     | 7       |  | 34            | 26    | 3½   | 1½   | 12       | 16           | 48                  | 34            | 21    | 3½   | 1½   | 12       | 16           | 48                  | 42      | 3½     | 7   | 35    | 3½     | 7   |

When Vegetables are not given at Dinner the Males receive 8 oz., and the Females 7 oz., Bread each.

# ESSEX LUNATIC ASYLUM.

THE ESTABLISHMENT, DEC. 31, 1864.

## OFFICERS,

|                                     | £   | s. | d. |   |
|-------------------------------------|-----|----|----|---|
| Medical Superintendent ... ..       | 600 | 0  | 0  | { Apartments, Coals, Gas,<br>Vegetables, and Washing        |
| Chaplain ... ..                     | 230 | 0  | 0  |   |
| Medical Assistant and Dispenser ... | 100 | 0  | 0  | { Furnished Apartments,<br>Board Attendance, and<br>Washing |
| Steward and Clerk ... ..            | 200 | 0  | 0  |   |
| Matron... ..                        | 100 | 0  | 0  | { Furnished Apartments,<br>Board Attendance, and<br>Washing |

## MALE ATTENDANTS AND SERVANTS.

|                                 |     |    |   |  |
|---------------------------------|-----|----|---|--|
| Head Attendant ... ..           | 37  | 0  | 0 | Board. Lodging, & Washing                  |
| Two Attendants. £32 each ... .. | 64  | 0  | 0 | Ditto                                      |
| Four „ £30 „ ... ..             | 120 | 0  | 0 | Ditto                                      |
| Twelve „ £28 „ ... ..           | 336 | 0  | 0 | Ditto                                      |
| One Night ditto ... ..          | 28  | 0  | 0 | Ditto                                      |
| Engineer ... ..                 | 80  | 0  | 0 |  |
| Bailiff ... ..                  | 52  | 0  | 0 | { House, Coals, Washing,<br>and Vegetables |
| Baker ... ..                    | 60  | 0  | 0 |  |
| Carpenter ... ..                | 60  | 0  | 0 |  |
| Shoemaker ... ..                | 54  | 12 | 0 |  |
| Tailor ... ..                   | 54  | 12 | 0 |  |
| Bricklayer ... ..               | 60  | 0  | 0 |  |
| Gate Porter ... ..              | 50  | 0  | 0 | { House, Coals, Gas, and<br>Washing        |
| Assistant Store Keeper ... ..   | 28  | 0  | 0 |  |
| Cook .. ..                      | 20  | 0  | 0 | Board, Lodging, & Washing                  |
| House Porter ... ..             | 10  | 0  | 0 | Ditto                                      |
| Stoker .. ..                    | 14  | 0  | 0 | Ditto                                      |
| Ploughman, at 15s. per week ... | 39  | 0  | 0 | Ditto                                      |
| Engineers' Boy ... ..           | 15  | 0  | 0 | Board, Lodging, & Washing                  |
| Ploughboy, 2s per Week ... ..   | 5   | 4  | 0 | Ditto                                      |

## FEMALE ATTENDANTS AND SERVANTS.

|                                  |     |   |   |                                     |
|----------------------------------|-----|---|---|-------------------------------------|
| Head Attendant ... ..            | 30  | 0 | 0 | Board, Lodging, & Washing           |
| Five Attendants, £20 each ... .. | 100 | 0 | 0 | Ditto                               |
| Eighteen „ £18 „ ... ..          | 324 | 0 | 0 | Ditto                               |
| One Night Attendant ... ..       | 22  | 0 | 0 | Ditto                               |
| Superintendent of Needlework ... | 50  | 0 | 0 | { House, Coals, Gas, and<br>Washing |
| Cook ... ..                      | 24  | 0 | 0 |                                     |
| House Maid ... ..                | 14  | 0 | 0 | Board, Lodging, & Washing           |
| Kitchen Maid ... ..              | 14  | 0 | 0 | Ditto                               |
| Head Laundress ... ..            | 24  | 0 | 0 | Ditto                               |
| One Under ditto ... ..           | 20  | 0 | 0 | Ditto                               |
| Two „ £18 each ... ..            | 36  | 0 | 0 | Ditto                               |

